

Vermont Action Plan for Aging Well Advisory Committee Meeting Minutes

Date: Monday, April 17, 2023
Time: 10:00AM – 12:00PM
Location: Virtually on MS Teams

Members Present (alphabetical): Mary Hayden, Deanna Jones, Ross MacDonald, Dan Noyes, Janet Nunziata, Symphorien Sikyala
Planning Team Present: Angela Smith-Dieng, Kerstin Hanson, Megan Tierney-Ward, Rhonda Williams, Jason Pelopida & Mary Hayden

MINUTES:

Topic	Notes	Action
Welcome, Introductions and Announcements	Note: this meeting is primarily for the Subcommittee workgroups to share updates and optional for all other members	
Workgroup Updates:	<p>Facilitators provided updates:</p> <p>Rhonda re: Optimal Health & Wellness</p> <ul style="list-style-type: none"> • Large group met 2 times; reviewed approximately 15 potential objectives • Focus on data already being collected for ease of reference on impact • Will review claims & health systems data to see if can help link Vermonters to resources & activities locally to increase OH&W • Sample Objectives: ex. chronic disease reduction, impact of death by suicide in VT related to all forms of health - voted on objectives • Important to consider access to health care & determinants of health, transportation, physical activity around the year, etc. <p>Mary re: Financial Security</p> <ul style="list-style-type: none"> • Focus on income & affordability for older Vermonters, employment free from age discrimination & accessible; Secure financially in retirement years • Diverse representation in group membership; wonderful progressive ideas • Incentivizing fewer meetings & use of email • Sample Objectives: policies that may impact labor policies, taxes, health care expenses, folks falling off benefit cliffs, continued working, etc. <p>Jason re: Family Caregiver Support</p> <ul style="list-style-type: none"> • Shared BRFSS & FSA Needs Assessment data to see relevant family caregiving data • Sample Objectives: Importance of community inclusion & participation, training, communications, awareness of services & supports & income requirements <p>Megan re: Coordinated & Efficient System of Services</p> <ul style="list-style-type: none"> • Members are Steering Committee participants 	<p><i>Send any follow up questions to Angela & Kerstin.</i></p>

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<p>Q&A/Discussion</p>	<ul style="list-style-type: none"> • Group will touch on all topics of all workgroups • Reflected on previous stakeholder topic specific meetings • Highlight: lack of knowledge of services & how to better communicate & provide outreach; accessibility of that information in different formats. “Info available upon request” and beyond. • SMART outcomes: how to affect all Vermonters as they age, at any age • How to maintain a system over time comes with training for information & referral & having well-informed providers • Importance of System of Information that guides people to it • Will bring work already underway that can be measured, leveraging what is in place • Focus on stabilizing & making system solid • Challenging Topic: if no legal representative and unable to speak for themselves, they fall through cracks & can’t get services they need <p>Angela re: Social Connection & Engagement</p> <ul style="list-style-type: none"> • Strong member representation with brainstorming & level-setting • How to sustain the many great programs? • Ex. how to bring technology to people once funding goes away? • Recognizing the health benefits of social engagement • Impact of Volunteerism on health & wellbeing; enhance that • Intersections of this with transportation, information systems, financial security, etc. <p>Kelly: Housing, Transportation & Community Design</p> <ul style="list-style-type: none"> • No report out, however, recognize this is a really bit topic area with a lot to cover in a short period of time <p>Ruby: Self-Determination, Safety & Protection</p> <ul style="list-style-type: none"> • No report out, however, have met and members are doing their work <p>Note: Feel free to reach out to facilitators with any questions or comments.</p> <p>Megan: Important to recognize that Vermont doesn’t have a coordinated collaborative network that meets on a regular basis, and this has an effect on how services are coordinated and connected. This will have an impact on other workgroups also.</p>	
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Other Updates	<p>The subcommittee workgroups will continue to meet; completed Templates are due June 1st. The Steering Committee will review all Templates. The June 26th meeting will be in-person in Waterbury where everyone will have a look at the Templates with Objectives & Strategies; opportunity to respond and discuss prior to putting the Plan together over the summer.</p> <p>The Listening Session Report is ready to be shared so workgroups can use that to continue to inform their work on objectives & strategies.</p> <p>Communications, Marketing & Branding</p> <ul style="list-style-type: none"> • \$10,000 grant via the CHCS MPA Learning Collaborative with other states • Hark Media contracted to increase plan momentum statewide • Logo, Tagline, Elevator Pitch shared • Age Strong VT – Our Roadmap for an age-friendly state (see brand specs) • Familiarity, powerful statement, clear mission • Web Site Landing Page & social media to come • May is Older Americans’ Month and we will be promoting then as a ‘soft launch’ • Time constraints do not allow for public input on this marketing campaign • Across the Fence episode to be taped with Angela focused on this promotion • Press Release also likely • Asking everyone to help market this & spread the word! <p><i>Comment: consider making the tagline larger as it is not very legible in the current size.</i></p>	
Meeting Schedule	<p>Next Meeting: Monday, June 26th, 2023 10:00AM – 12:00PM <i>in-person in Waterbury</i></p> <p>Reminder, you can find minutes/materials from meetings here: Vermont Action Plan for Aging Well Advisory Committee Disabilities, Aging and Independent Living</p>	

Attachments:

Age Strong VT Brand one-pager

Listening Session Report

Vermonter Poll results, methodology & demographics

Questions/edits re: these minutes, please contact Kerstin.hanson@vermont.gov.