

Vermont Action Plan for Aging Well Advisory Committee Meeting Minutes

Date: August 22, 2022
Time: 10:00AM – 12:00PM
Location: Hybrid (in person & MS Teams)

Members Present (alphabetical): Janis Appel, Ruby Baker, Mark Boutwell, Lynne Cardozo, Kim Fitzgerald, Keith Grier, Mary Hayden, Elaine Haytko, Jake Hemmerick, Karen Horn, Deanna Jones, Mark Levine, Margaret Lewis, Ross MacDonald, Dan Noyes, Janet Nunziata, Jill Olsen, Meg Polyte, Jamie Renner, Christine Ryan, Symphorien Sikyala, Gregory Smith.

Planning Team Present: Conor O’Dea, Angela Smith-Dieng, Kerstin Hanson, Megan Tierney-Ward, Rhonda Williams, Julie Skarha

Guest Presenters Present: Janis Appel, Lisa Stamatis, Lynn Messier

Guests: Sheila Burnham proxy for Laura Pelosi, Tiffany Smith

MINUTES:

Topic	Notes	Action
Welcome, Introductions and Announcements	Welcome everyone <ul style="list-style-type: none"> ○ Announcements: <ul style="list-style-type: none"> Mary Hayden - reminder to register for the V4A virtual conference on 9.16.22 ○ V4A “Creating Age Positive Workplaces” Conference 9/16 Registration link: https://www.vermont4a.org/2022-conference 	<i>Any relevant announcements between meetings can be sent to Kerstin to be shared with the group.</i>
Needs Assessment	Survey results analysis <ul style="list-style-type: none"> ○ AARP EnVision Vermont Survey Results presentation by Julie Skarha, VDH Data Analyst ○ 2,711 older Vermonters responded to the survey online; additional paper surveys were also completed with a fair amount of them incomplete ○ <i>Post Meeting Note: 102 paper surveys were collected; data tba</i> Q&A/Discussion <ul style="list-style-type: none"> ○ Recognition that some data may be skewed based on individual interpretations, such as home modification availability, helpers readily available, etc. ○ Many cohorts are missing from the data; be sure to include as many as possible in continued outreach, including vulnerable individuals ○ Interest in seeing responses split out into a variety of demographic specifics such as age groups, zip code, BIPOC, etc. ○ Data Analysis: Be aware of restrictions of what can be included in the data presented due to limited responses by participants. 	<i>See presentation slides attached.</i> <i>Ruby can make the 15 community questions from the paper surveys available digitally.</i>

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<p>Facilitated Panel Presentation (40 min)</p> <p>Q&A/Discussion (15 min)</p>	<p>Panelists each presented on the topic of Family Caregiver Support with facilitation by Angela Smith-Dieng</p> <ul style="list-style-type: none"> ○ Janis Appel, former caregiver of spouse with palsy & early-onset dementia ○ Lisa Stamatis, parent and caregiver of 6 adult children with developmental disabilities ○ Lynn Messier, provider of kin care to great-granddaughter ○ See table with individual responses to questions asked <p>Q&A/Discussion:</p> <ul style="list-style-type: none"> ○ How to increase the number of SLP & respite workers ○ Do we need to visualize what a different model of care could be based on the resources we do have? ○ Are adult days offered as respite opportunities for families by physicians, case managers, etc.? Adult Days could be a viable option for daily respite across the state, however, may not be appropriate for some. ○ Thank you so much for taking the time to provide such helpful & specific feedback; your strength, knowledge and contributions are amazing. ○ Thank you to the caregivers who spoke today – very informative & motivating for this group. 	<p><i>Send any follow up questions to Kerstin.</i></p>
<p>Next Steps & Wrap Up</p>	<p>Rhonda Williams</p> <ul style="list-style-type: none"> ○ Needs Assessment next steps: Focus group/listening session planning for fall implementation ○ Focus Groups entail more in-depth time & effort, so interested in other options ○ Listening Sessions were used by other states also participating in the MPA Learning Collaborative, providing a rich source of information. ○ Committee member invitation for more engagement: organizations with opportunity to be involved in gathering information. Steering committee would provide simple guide template and a way to collect responses. ○ Ex. reach out to demographics not yet reached, communities that may be smaller in numbers, more vulnerable, etc. such as Pride Center, New Americans, etc. ○ Leverage the connection that VAPAW Advisory Committee members have to bring the big broad input together; actively listen to the communities. ○ Consider use of media also – VT Digger, 7 Days, Front Porch Forum, etc. ○ Use of Primary Care Providers? Nina Keck @ VT Public has interest in the topic. 	<p><i>Feedback and questions are welcomed by Angela and Kerstin</i></p> <p><i>Member Input Request: Please respond to 2 short questions regarding the planned focus groups/listening sessions or send responses to Kerstin & Angela via email:</i></p> <ul style="list-style-type: none"> • Target Populations • Questions to Ask

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Meeting Schedule	<p>Next Meeting: Monday, October 24, 2022, 10:00AM – 12:00PM likely hybrid in Waterbury and on Microsoft Teams. Topic: Housing, Transportation & Community Design</p> <p>Reminder, you can find minutes/materials from meetings here: Vermont Action Plan for Aging Well Advisory Committee Disabilities, Aging and Independent Living</p>	<p><i>Calendar invites have been sent through February 2023.</i></p>
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Questions/edits re: these minutes, please contact Kerstin.hanson@vermont.gov.