

Guidance for Volunteers Delivering Meals

Updated March 25, 2021

Before Delivering Meals

Volunteers should be screened for any symptoms of illness prior to starting a delivery route. Volunteers with symptoms should not deliver meals and should consult with their healthcare provider.

Follow the Vermont Department of Health guidance: [WHAT YOU NEED TO KNOW NOW about COVID - 19](https://www.healthvermont.gov/response/coronavirus-covid-19)
<https://www.healthvermont.gov/response/coronavirus-covid-19>

Meal delivery without client contact	Meal Delivery with client contact
Recommended option when volunteer or client are not fully vaccinated. Remains an option if either volunteer or client is vaccinated but uncomfortable with contact delivery.	An option when both the volunteer and client are fully vaccinated. Individuals are considered fully vaccinated when it has been two weeks since their final dose.
<ul style="list-style-type: none"> • Avoid entering the home. • Wear a face mask or covering. • Stay at least 6 feet from the client. • Ring the doorbell or knock on the door and leave meal(s) at the doorstep or on a bag hanging from the door. • Wait at least 6 feet from the door to confirm that the client brings the meal(s) inside. If the client does not come to the door in 15 minutes, take the meal(s) and follow the meal distribution site procedures for undelivered meals. • Report to the meal site distribution manager the names of clients who do not answer their door for follow up. 	<ul style="list-style-type: none"> • Clients should be screened prior to the volunteer entering the home. If the client has symptoms use contactless meal delivery. • Wear a face mask or covering and have the client wear a face mask or covering. • Stay at least 6 feet from the client. • Use proper hand hygiene, including use of hand sanitizer prior to entering and leaving the home. • Limit the time spent in the home to less than 15 minutes.

Note: The Department of Disabilities, Aging, and Independent Living takes no position as to whether a service provider may mandate vaccinations, authorized pursuant to an Emergency Use Authorization (EUA), as a condition of employment or participation. As with any business decision that involves risk, an employer may choose to consult with its own legal counsel before implementing such a requirement.

Please take these everyday preventive actions to help prevent COVID-19

- Stay home if you are sick.
- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer with at least 60% alcohol.
- Keep your social circle small.
- Stay at least 6 feet away from people you do not live with.
- Wear a face mask when you leave home.