

**Regulations Implementing**  
**The Developmental Disabilities Act of 1996**  
**MARCH 2011**

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Division of Disability and Aging Services  
Vermont Department of Disabilities, Aging and Independent Living  
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**Department of Disabilities, Aging and Independent Living**  
**Regulations Implementing the Developmental Disabilities Act of 1996**

**Part 1. Definitions**

The following terms are defined for the purpose of these regulations.

- 1.1 **“Adult”** means a person age eighteen or older. The term includes people age eighteen or older who attend school.
- 1.2 **“Agency”** means the responsible designated agency or specialized service agency (DA/SSA).
- 1.3 **“Appeal”** means a request for an internal review of an action by the Department or a designated agency or a specialized service agency (DA/SSA). (See Part 8).
- 1.4 **“Applicant”** means a person who files a written application for services, supports or benefits in accordance with Part 5 of these regulations. If the applicant is a guardian or family member or a designated agency, the term “applicant” also includes the person with a developmental disability.
- 1.5 **“Autism”** means the same as the term “Autistic Disorder” as it is defined in the current Diagnostic and Statistical Manual of Mental Disorders (DSM).
- 1.6 **“Certification”** means the process by which the Department determines whether a provider meets minimum standards for receiving funds administered by the Department to provide services or supports to people with developmental disabilities.
- 1.7 **“Certified provider”** means a designated agency, specialized service agency, or other corporate organization that has as one of its primary purposes to deliver services and supports for people who have developmental disabilities and that currently is certified by the Department in accordance with Part 10 of these regulations.
- 1.8 **“Commissioner”** means the Commissioner of the Department of Disabilities, Aging and Independent Living.
- 1.9 **“Day”** means calendar day, not working day, unless otherwise specified.
- 1.10 **“Department”** means the Department of Disabilities, Aging and Independent Living.
- 1.11 **“Designated Agency”** (DA) means an agency designated by the Department pursuant to 18 V.S.A. §8907, and the regulations implementing that law, to oversee, provide and ensure the delivery of services and/or service authorizations for eligible individuals with developmental disabilities in a geographic area of the state. The requirements for being a designated agency are described in the Department’s Administrative Rules on Agency Designation.
- 1.12 **“Designated Representative”** means an individual, either appointed by a recipient or authorized under State or other applicable law, to act on behalf of the applicant or recipient in obtaining a determination or in participating in any of the levels of the internal managed care entity (MCE) appeal, fair hearing or grievance process. Unless otherwise stated in this rule, the designated representative has all of the rights and

responsibilities of a recipient in obtaining a determination or in dealing with any of the levels of the appeals process.

1.13 **“Developmental Disability”** means an intellectual disability or a Pervasive Developmental Disorder which occurred before age 18 and which has significant deficits in adaptive behavior that were manifest before age 18. Temporary deficits in cognitive functioning or adaptive behavior as the result of severe emotional disturbance before age 18 are not a developmental disability. The onset after age 18 of impaired intellectual or adaptive functioning due to drugs, accident, disease, emotional disturbance, or other causes is not a developmental disability.

1.14 **“Division”** means the Division of Disability and Aging Services within the Department.

1.15 **“Family”** means a group of individuals that includes a person with a developmental disability and that is related by blood, marriage or adoption or that considers itself a family based upon bonds of affection, which means enduring ties that do not depend upon the existence of an economic relationship.

1.16 **“Fiscal Intermediary Support Organization”** (Fiscal ISO) means an organization that is:

(a) Qualified under Internal Revenue Service rules to pay taxes and provide payroll services for employers as a fiscal agent; and

(b) Under contract with the Department to handle payroll duties for recipients or families who choose to self/family-manage services.

1.17 **“In-service training”** means training that occurs after a worker has been employed or is under contract. In-service training is intended to promote professional development and increase skills and knowledge.

1.18 **“Intellectual disability”** means significantly sub-average cognitive functioning that is at least two standard deviations below the mean for a similar age normative comparison group. This is documented by a full scale score of 70 or below on an appropriate norm-referenced standardized test of intelligence and resulting in significant deficits in adaptive behavior that were manifest before age 18. “Intellectual disability” was previously known as “mental retardation” as the term is defined and referred to in the Developmental Disabilities Act.

1.19 **“Network”** means providers enrolled in the Vermont Medicaid program who are designated by the Commissioner of the Department of Disabilities, Aging and Independent Living and who provide services on an ongoing basis to recipients.

1.20 **“Pervasive Developmental Disorder”(PDD)** means the same as it is defined in the Diagnostic and Statistical Manual of Mental Disorders (DSM). The diagnostic category of pervasive developmental disorders includes the five diagnoses currently listed in DSM: Autistic Disorder (Autism), Asperger's Disorder, Pervasive Developmental Disorder, Not Otherwise Specified, Rett's Disorder and Childhood Disintegrative Disorder.

1.21 **“Pre-service training”** means training that occurs before workers are alone with a person with developmental disabilities.



1.22 **“Provider”** means a person, facility, institution, partnership or corporation licensed, certified or authorized by law to provide health care service to a recipient during that individual’s medical care, treatment or confinement. A provider cannot be reimbursed by Medicaid unless he/she is enrolled with Medicaid; however, a provider may enroll to serve only a specific beneficiary. A developmental home provider, employee of a provider, or an individual or family that self/family-manages services is not a provider for purposes of this rule.

1.23 **“Psychologist”** means a person licensed to practice psychology in the state where the evaluation occurred.

1.24 **“Qualified Developmental Disabilities Professional”** (QDDP) means a person who meets the Department’s qualifications as specified in Department policy for education, knowledge, training and experience in supporting people with developmental disabilities and their families.

1.25 **“Recipient”** means a person who meets the criteria contained in Part 2 of these regulations, and who has been authorized to receive funding or services, or a family that has been approved to receive services or funding under criteria specified in the system of care plan. A recipient is a person who has been approved to receive services, supports, or cash benefits funded by the Department under criteria specified in the System of Care Plan.

1.26 **“Resident”** means a person who is physically present in Vermont and intends to remain in Vermont and to make his or her home in Vermont, except a resident may also be:

(a) A person placed in an out of state school, facility, correctional center, or hospital by a department of the State of Vermont; or

(b) A person placed and supported in an unlicensed home in an adjoining state by a Vermont developmental disabilities services agency.

1.27 **“School-age child”** means a person who is old enough to enter first grade and younger than age eighteen.

1.28 **“Self-directed”** services means the recipient provides direction to the agency about his or her services but does not manage the services.

1.29 **“Self/family-managed”** services means the recipient or his/her family plans, establishes, coordinates, maintains, and monitors all developmental disabilities services and manages the recipient’s budget within federal and state guidelines.

1.30 **“Self/family-managed worker”** means a person who is employed or contracted and directed by a recipient or by a family member and paid with Department funds to provide supports or services for the recipient.

1.31 **“Service”** means a benefit:

(a) Covered under the 1115(a) Global Commitment to Health waiver as set out in the Special Terms and Conditions approved by the Center for Medicare and Medicaid Services (CMS);

(b) Included in the State Medicaid Plan if required by CMS;

(c) Authorized by state rule or law; or

(d) Identified in the Intergovernmental Agreement between the Office of Vermont Health Access and Agency of Human Services Departments or the Department of Education for the administration and operation of the Global Commitment to Health waiver.

1.32 **“Significant deficits in adaptive behavior”** means deficits in adaptive functioning which result in:

(a) A composite score on a standardized adaptive behavior scale at least two standard deviations below the mean for a similar age normative comparison group, and also

(b) A score at least two standard deviations below the mean for a similar age normative comparison group in two or more of the following areas of adaptive behavior: communication; self-care; home living; social/interpersonal skills; use of community resources; self-direction; functional academic skills; work; health; or safety.

1.33 **“Shared management of services”** means that the recipient or his/her family manages some but not all Medicaid-funded developmental disabilities services, and an agency manages the rest.

1.34 **“Special care procedure”** means nursing procedures that a lay individual (a person who is not a qualified health professional) does not typically have the training and experience to perform

1.35 **“Specialized Service Agency”** (SSA) means an agency designated by the Department and that meets criteria for contracting with the Department as an SSA described in the Department’s Administrative Rules on Agency Designation and that contracts with the Department to provide services to individuals with developmental disabilities.

1.36 **“Supportive Intermediary Service Organization”** (Supportive ISO) means an organization under contract with the Department to provide support to individuals and families to learn and understand the responsibilities of self/family-managed services.

1.37 **“System of Care Plan”** means the plan required by 18 V.S.A. §8725 describing the nature, extent, allocation and timing of services that will be provided to people with developmental disabilities and their families.

1.38 **“Was manifest before age 18”** or **“were manifest before age 18”** means that the impairment and resulting significant deficits in adaptive behavior were observed before age eighteen. Evidence that the impairment and resulting significant deficits in adaptive behavior occurred before the age 18 may be based upon records, information provided by the individual, and/or information provided by people who knew the individual in the past.

1.39 **“Worker”** means any employee or contractee compensated with funds paid or administered by the Department to provide services to one or more people with a developmental disability. Professionals, such as nurses or psychologists practicing under a license granted by the State of Vermont are not included within this definition. Family-directed respite workers paid by Flexible Family Funding are not included within this definition.

1.40 **“Young child”** means a person who is not yet old enough to enter first grade.

## **Part 2. Definition of developmental disability and criteria for determining developmental disability**

### **2.1 Definitions:**

(a) **“Adult”** means a person age eighteen or older. The term includes people age eighteen or older who attend school.

(b) **“Autism”** means the same as the term “Autistic Disorder” as it is defined in the current Diagnostic and Statistical Manual of Mental Disorders (DSM).

(c) **“Person with a developmental disability”** means a young child with a developmental disability or a school-age child or adult with a developmental disability.

(d) **“Psychologist”** means a person licensed to practice psychology in the state where the evaluation occurred.

(e) **“School-age child”** means a person who is old enough to enter first grade and younger than age eighteen.

(f) **“Young child”** means a person who is not yet old enough to enter first grade.

### **2.2 Young child with a developmental disability defined.**

A young child with a developmental disability is a child who has one of the three following conditions:

(a) A condition so severe that it has a high probability of resulting in intellectual disability. This means a diagnosed physical or mental condition and includes, but is not limited to, the following:

- Anoxia
- Degenerative central nervous system disease (such as Tay Sachs syndrome)
- Encephalitis
- Fetal alcohol syndrome
- Fragile X syndrome
- Inborn errors of metabolism (such as untreated PKU)
- Traumatic brain injury
- Multisystem developmental disorder
- Shaken baby syndrome
- Trisomy 21, 18, and 13
- Tuberous sclerosis

(b) A condition of clearly observable and measurable delays in cognitive development and significant and observable and measurable delays in at least two of the following areas of adaptive behavior:

Communication  
Social/emotional development  
Motor development  
Daily living skills

(c) A pervasive developmental disorder (Section 2.8-2.10) resulting in significant and observable and measurable delays in at least two of the following areas of adaptive behavior:

Communication  
Social/emotional development  
Motor development  
Daily living skills.

### **2.3 Criteria for assessing developmental disability in a young child.**

(a) The diagnosis of a condition which has a high probability of resulting in intellectual disability (Section 2.2(a)) shall be made by a physician or psychologist.

(b) The documentation of significant delays in cognitive and adaptive behavior (Section 2.2(b)) or significant delays in adaptive behavior for a young child with pervasive developmental disorder (Section 2.2(c)) shall be made through a family-centered evaluation process which includes the family. The evaluation process shall include:

(1) Observations and reports by the family and other members of the assessment team, such as a physician, behavior consultant, psychologist, speech therapist, physical therapist, occupational therapist, representative from the Part C Early Intervention Team, representative from Early Essential Education (EEE), representative from Children with Special Health Needs, representative from an agency;

(2) A review of pertinent medical/educational records, as needed; and

(3) Appropriate screening and assessment instruments.

(c) The diagnosis of a pervasive developmental disorder shall be made according to Section 2.8-2.10.

### **2.4 School-age child or adult with developmental disability defined.**

(a) A school-age child or adult with a developmental disability is a person who:

(1) Has intellectual disability (Section 2.5) or pervasive developmental disorder (Section 2.8) which manifested before age 18 (section 2.13); and

(2) Has significant deficits in adaptive behavior (Section 2.11) which manifested before age 18 (section 2.13).

(b) Temporary deficits in cognitive functioning or adaptive behavior as the result of severe emotional disturbance before age 18 are not a developmental disability. The onset after age 18 of

impaired intellectual or adaptive functioning due to drugs, accident, disease, emotional disturbance, or other causes is not a developmental disability.

## **2.5 Intellectual disability defined.**

(a) “Intellectual disability” means significantly sub-average cognitive functioning that is at least two standard deviations below the mean for a similar age normative comparison group. On most tests this is documented by a full scale score of 70 or below on an appropriate norm-referenced standardized test of intelligence and resulting in significant deficits in adaptive behavior manifested before age 18.

(b) “Intellectual disability” includes severe cognitive deficits which result from brain injury or disease if the injury or disease resulted in deficits in adaptive functioning before age 18. A person with a diagnosis of “learning impairment” has intellectual disability if the person meets the criteria for determining “intellectual disability” outlined in Section 2.6. “Intellectual disability” means the same as the term “mental retardation” in the Developmental Disabilities Act of 1996.

## **2.6 Criteria for determining whether a school-age child or adult has intellectual disability.**

(a) The determination of whether a school-age child or adult has intellectual disability for the purpose of these regulations requires documentation of the following components:

- (1) Significantly sub-average cognitive functioning (Section 2.6 (c) – (h));
- (2) Resulting in significant deficits in adaptive behavior; and (Section 2.11)
- (3) Manifested before age 18 (Section 2.13).

(b) To determine whether or not a school-age child or adult has intellectual disability, a psychologist shall:

- (1) Personally perform, supervise, or review assessments that document significantly sub-average cognitive functioning and deficits in adaptive behavior manifested before age 18; and
- (2) Integrate these test results with other information about the individual’s abilities in arriving at a determination.

(c) The most universally used standardized intelligence test for school-aged children up to age 16 is the Wechsler Intelligence Scale for Children (WISC), current edition. The most universally used measure for children over age 16 and adults is the Wechsler Adult Intelligence Scale (WAIS), current edition. For people with language, motor, or hearing disabilities, a combination of assessment methods shall be used and the psychologist shall use clinical judgment to determine the best tests to use for the individual. Diagnosis based on interpretation of test results takes into account a standard error of measurement for the test used.

(d) A determination that a person has intellectual disability for the purpose of these regulations shall be based upon current assessment of cognitive functioning and a review of any previous assessments of cognitive functioning. It is the responsibility of the psychologist to decide whether new cognitive testing is needed. In general, for school-aged children, "current" means testing conducted

within the past three years. For adults, "current" means cognitive testing conducted in late adolescence or adulthood. Situations where new testing may be indicated include the following:

- (1) There is reason to believe the original test was invalid (e.g., the person was sick, was not wearing glasses, was in the midst of a psychiatric crisis, etc.).
- (2) The individual has learned new skills which would significantly affect performance (such as improved ability to communicate).
- (3) The individual had mild intellectual disability on a previous test and has since made gains in adaptive behavior.

(e) If past testing of the person has resulted in some scores above 70 and some scores below 70, it is the responsibility of the psychologist to determine which scores most accurately reflect the person's cognitive ability. A determination that a person has intellectual disability for the purpose of these regulations cannot be made if a person's test scores are consistently greater than 70.

(f) The diagnosis in questionable cases should be based upon scores over time and multiple sources of measurement.

(g) The diagnosis of intellectual disability shall not be based upon assessments conducted when the individual was experiencing a short-term psychiatric, medical or emotional crisis which could affect performance. Cognitive testing should not ordinarily be performed when a person is in the midst of a hospital stay.

(h) If the psychologist determines that standardized intellectual testing is inappropriate or unreliable for the person, the psychologist can make a clinical judgment based on other information, including an adaptive behavior instrument.

## **2.7 Criteria for determining whether a school-age child or adult has a pervasive developmental disorder and is a person with a developmental disability.**

The determination of whether a school-age child or adult has a pervasive developmental disorder and is a person with a developmental disability for the purpose of these regulations requires documentation of the following components:

- (1) Diagnosis of a pervasive developmental disorder made according to process outlined in section 2.8-2.10.
- (2) Resulting in significant deficits in adaptive behavior; and (Section 2.12)
- (3) Manifested before age 18 (Section 2.13).

## **2.8 Pervasive developmental disorder defined.**

“Pervasive developmental disorder” means the same as it is defined in the current Diagnostic and Statistical Manual of Mental Disorders (DSM).

## **2.9 Criteria for determining whether a person has pervasive developmental disorder.**

(a) The diagnostic category of pervasive developmental disorders includes considerable variability in the presence and intensity of symptoms across and within the five diagnoses currently listed in DSM: Autistic Disorder (Autism), Asperger's Disorder, Pervasive Developmental Disorder, Not Otherwise Specified, Rett's Disorder and Childhood Disintegrative Disorder. Many of the symptoms of pervasive developmental disorders overlap with other childhood diagnoses. Because of the complexity in differentially diagnosing pervasive developmental disorders, it is essential that clinicians rendering these diagnoses have specific training and experience in child development, pervasive developmental disorders, other developmental disorders, and other childhood psychiatric disorders.

(b) Preferably a comprehensive diagnostic evaluation is conducted by an interdisciplinary team of professionals with specific experience and training in diagnosing pervasive developmental disorders. In the absence of an interdisciplinary team, a single clinician with the qualifications listed below may conduct a multidisciplinary assessment integrating information from other professionals.

(c) At a minimum, an evaluation shall be performed by a single clinician who has the following qualifications or an interdisciplinary team that includes:

- (1) A board certified or board eligible psychiatrist; or
- (2) A psychologist; or
- (3) A board certified or board eligible neurologist or developmental-behavioral or neurodevelopmental disabilities pediatrician.

(d) The psychiatrist, psychologist, neurologist or pediatrician shall have the following additional experience and training:

- (1) Graduate or post-graduate training encompassing specific training in child development, pervasive developmental disorder, and other developmental and childhood psychiatric disorders of childhood, and a process for assessment and differential diagnosis of pervasive developmental disorder; or supervised clinical experience in the assessment and differential diagnosis of pervasive developmental disorder; and
- (2) Training and experience in the administration, scoring and interpreting of psychometric tests, or training in understanding and utilizing information from psychometric testing in the diagnosis of pervasive developmental disorder; and
- (3) Experience in the evaluation of individuals with the age range of the person being evaluated.

(e) Clinicians shall follow the ethical guidelines for their profession regarding practicing within their area of expertise and referring to other professionals when needed. When a single clinician is conducting the assessment, he or she should determine whether other professionals need to evaluate the person to gain additional information before rendering a diagnosis. Additional evaluators may include psychologists, speech language pathologists, medical sub-specialists, developmental-behavioral or neurodevelopmental disabilities pediatricians, occupational therapists, psychiatrists, and

neurologists. For evaluations of children from birth to age six, a developmental-behavioral or neurodevelopmental disabilities pediatrician or pediatric neurologist shall perform the assessment or be part of the assessment team.

(f) In the event a shortage of qualified assessors prevents timely evaluations, the state will assist agencies to identify available qualified assessors or may, in its discretion, waive the provision of rule 2.9(d).

## **2.10 Essential components of an assessment to determine pervasive developmental disorders.**

An assessment to determine whether an individual has a pervasive developmental disorder shall be consistent with the Department's *Best Practice Guidelines for Diagnosis of Pervasive Developmental Disorder* and shall include all of the following components:

(a) Review of history from multiple sources, including developmental history, medical issues, psychiatric issues, and family history.

(b) Systematic pervasive developmental disorders diagnostic interview with primary caregivers.

(c) A systematic observation of social and communicative behavior and play.

(d) An assessment of peer interaction.

(e) For older children and adults who can report symptoms, a systemic clinical interview.

(f) Referral for multidisciplinary assessment, as indicated.

(g) Comprehensive clinical diagnostic formulation, in which the clinician weighs all the information, integrates findings and provides a differential diagnosis using the criteria in the current version of the DSM.

(h) Assessments shall be current and based upon the individual's typical functioning.

(1) A determination of pervasive developmental disorder for the purpose of these regulations shall be based upon current assessment. It is the responsibility of the clinician or team performing the assessment to decide whether new observations or assessments are needed. In general, for school-age children, "current" means a comprehensive assessment conducted within the past three years. However, for school-age children applying for limited services such as Flexible Family Funding, Targeted Case Management or the Bridge Program, "current" means a comprehensive assessment conducted any time prior to age 18; for such children, a new assessment is required if the designated agency believes the child may not have pervasive developmental disorder.

(2) The initial diagnosis of pervasive developmental disorder shall not be based upon assessments and observations conducted when the individual is experiencing a psychiatric, medical or emotional crisis or when a person is in the midst of a hospital stay. Further assessment should be completed when the person stabilizes and/or returns to the community.



(3) For adults, “current” means a comprehensive assessment conducted in late adolescence or adulthood and adaptive testing within the past three years. Situations where new testing may be indicated include the following:

(A) The individual has learned new skills which would significantly affect performance (such as improved ability to communicate).

(B) New information indicates that an alternate diagnosis better explains the individual’s functioning and behavior.

### **2.11 Significant deficits in adaptive behavior defined.**

“Significant deficits in adaptive behavior” means deficits in adaptive functioning which result in:

(a) A composite score on a standardized adaptive behavior scale at least two standard deviations below the mean for a similar age normative comparison group, and also

(b) A score at least two standard deviations below the mean for a similar age normative comparison group in two or more of the following areas of adaptive behavior: communication; self-care; home living; social/interpersonal skills; use of community resources; self-direction; functional academic skills; work; health; or safety.

### **2.12 Criteria for assessing adaptive behavior in a school-age child or adult.**

(a) Adaptive functioning shall be measured by the current version of a standardized norm-referenced assessment instrument. The assessment tool shall be standardized with reference to people of similar age in the general population. Adaptive functioning shall not be measured with an instrument that is norm-referenced only to people in institutions or people with intellectual disability or pervasive developmental disorders.

(b) The assessment instrument shall be completed by a person qualified to administer, score, and interpret the results as specified in the assessment tool's manual.

(c) The assessment shall be current. A current assessment is one which was completed within the past three years, unless there is reason to think the individual's adaptive functioning has changed.

(d) Based upon the assessment, the evaluator shall determine whether the person is performing two or more standard deviations below the mean with respect to adaptive functioning, compared to a national sample of similar-aged people.

(e) Ordinarily, assessments shall be based upon the person’s usual level of adaptive functioning. Assessments shall not ordinarily be performed when the individual is in the midst of an emotional, behavioral or health crisis, or should be repeated once the individual stabilizes. An

assessment performed while the individual was in a nursing facility or residential facility shall be repeated when the individual is in a community setting.

(f) It is the responsibility of the psychologist to ensure that the adaptive behavior assessment is

based upon information from the most accurate and knowledgeable informant available. It may be necessary to integrate information on adaptive functioning from more than one informant.

### **2.13 Manifest before age 18**

“Manifest before age 18” means that the impairment and resulting significant deficits in adaptive behavior were observed before age eighteen. Evidence that the impairment and resulting significant deficits in adaptive behavior occurred before the age 18 may be based upon records, information provided by the individual, and/or information provided by people who knew the individual in the past.

### **2.14 Nondiscrimination in assessment**

Assessment tools and methods shall be selected to meet the individual needs and abilities of the person being assessed.

(a) People whose background or culture differs from the general population shall be assessed with methods and instruments that take account of the person's background.

(b) A person shall be assessed in the language with which he or she communicates most comfortably.

(c) People with language, motor, and hearing disabilities shall be assessed with tests which do not rely upon language, motor ability, or hearing.

(d) If a person uses hearing aids, glasses, or other adaptive equipment to see, hear, or communicate, the evaluator shall ensure that the individual has access to the aids or adaptive equipment during the evaluation.

(e) If a person uses an interpreter or personal assistant for communication (such as a person who uses sign language or facilitated communication), the evaluator (e.g., the psychologist) is responsible for deciding how best to conduct the overall assessment in order to achieve the most authentic and valid results. However, scores for standardized tests are valid only if testing was performed in accordance with the criteria set forth in the test manual.

## **Part 3. Recipient Criteria**

### **3.1 Who can be a recipient**

(a) A recipient shall be a person with a developmental disability as defined in 1.13 above.

(b) Services or supports to a family member of a recipient shall be in the context of supporting the recipient and are for the purpose of assisting the family to provide care and support for their family member with a developmental disability.

### **3.2 Recipients shall be Vermont residents**

(a) A recipient shall be a resident of Vermont. In the case of a minor child, at least one custodial parent of the child shall be a resident of Vermont.

(b) A person or family who leaves Vermont for a vacation, visit, temporary move, or trial move may continue to be a recipient for a period not to exceed six months.

### **3.3 Exceptions**

The Commissioner may make exceptions to the requirements of Sections 3.1 and 3.2 to promote the purposes of the Act if the exception will not deprive people who meet the criteria for being recipients of needed services or benefits (e.g., when matching funds are provided by another state, or by another department or agency).

### **3.4 People receiving services on July 1, 1996**

People with developmental disabilities who were receiving services on July 1, 1996, shall continue to receive services consistent with their needs and the System of Care Plan. Any person who leaves services for one year or longer for any reason and later reapplies for services shall be assessed based upon the eligibility criteria in effect on the date of the person's reapplication.

## **Part 4. Application, Assessment, Notification, Support Planning and Periodic Review**

### **4.1 Who may apply**

(a) Any person who believes he or she has a developmental disability or is the family member of such a person may apply for services, supports, or benefits. In addition, the guardian of the person may apply.

(b) Any other person may refer a person who may need services, supports, or benefits.

(c) An agency or a family member may initiate an application for a person with a developmental disability or a family member but shall obtain the consent of the person or guardian to proceed with the application.

### **4.2 Application form**

(a) The Department shall adopt an application form to be completed by or on behalf of all applicants. The designated agency shall provide a copy of the application to all people who contact the agency saying they wish to apply for services.

(b) Copies of the application form shall be available from the Department, on the Department's website, and from every office of a designated agency. A person may request an application form in person, by mail, by electronic format, by facsimile (FAX), or by telephone.

(c) The designated agency shall provide assistance to an applicant who needs or wants help to complete the application form.

### **4.3 Where to apply**

(a) An application shall be filed at an office of the designated agency for the geographic area where the person with a developmental disability lives.

(b) An application for a person who is incarcerated or living in a residential school, facility or hospital shall be filed at an office of the designated agency for the geographic area where the person was living before going to the school, facility or hospital.

(c) The designated agency for an individual in the custody of the Department for Children and Families (DCF) is the designated agency for the region in which the individual was placed in DCF custody.

(d) An application may be submitted by mail, facsimile (FAX), electronic format or in person.

### **4.4 Screening**

(a) Within five working days of receiving an application, the designated agency shall complete the application screening process. The screening process includes all of these steps:

(1) Explaining the application process to the applicant with the information required, potential service options, how long the process will take, how and when the applicant will be notified of the decision, and the rights of applicants, including the right to appeal decisions made in the application process.

(2) Notifying the applicant of the rights of recipients, including the procedures for filing a grievance or appeal.

(3) Discussing options for information and referral.

(4) Determining whether the person with a developmental disability or the person's family is in crisis or will be in crisis within 60 days. If the designated agency determines that the person or family is facing an immediate crisis, the designated agency shall make a temporary or expedited decision on the application.

(b) At the point of initial contact by an applicant, the designated agency shall inform the applicant of all certified organizations in the region and the options to:

(1) Receive services and supports through any certified organization in the region, including the designated agency and the specialized services agencies;

(2) Share the management of those services with the designated agency or specialized services agency; or

(3) Self manage their services through the Supportive ISO.

(c) Contact and referral information for options for services outside of the designated agency must be provided to each applicant and referral assistance provided to assure that a fully informed choice of service options is made.

(d) If the applicant wants more information about options or chooses to pursue services outside the designated agency, the specialized services agency or Supportive ISO shall be contacted by the designated agency at this time.

#### **4.5 Assessment**

(a) The designated agency is responsible for conducting the assessment or assuring that it is conducted. The assessment process shall involve consultation with the applicant, and, with the consent of the applicant, other organizations which support the applicant.

(b) The designated agency shall offer information and referral to the applicant at any time that it may be helpful.

(c) Assessment consists of in-depth information-gathering to answer the four following questions:

(1) Is this a person with a developmental disability, as defined in Part 2 of these regulations, and a person eligible to be a recipient, as defined at 1.25. If so,

(2) What does the person or his/her family need? This question is answered through a uniform assessment process approved by the Department, which determines with each person or family their service or support needs, including identification of existing supports and family and community resources.

(3) Does the situation of the person or family meet the criteria for receiving any services or funding defined as a funding priority in the System of Care plan? If so,

(4) What are the financial resources of the person with a developmental disability and his or her family to pay for some or all of the services?

#### **4.6 Authorization of funding for services**

Based on the answers to the questions in Section 4.5(c), the designated agency shall seek or authorize funding for services to meet identified needs or else shall determine that the individual is not eligible for the requested funding for services. The procedures for authorizing funding or services are described in the state System of Care Plan. The funding amount authorized shall be equal to the amount needed to pay for any support needs requested by the applicant or family that fit within the System of Care Plan funding priorities.

#### **4.7 Notification of decision on application**

(a) Timing of the notices

(1) Within 45 days of the date of the application, the designated agency shall notify the applicant in writing of the results of the assessment and the amount of funding, if any, which the applicant will receive.

(2) If the assessment and authorization of funding is not going to be completed within 45 days of the date of application, the designated agency shall notify the applicant in writing of the estimated date of completion of the assessment and authorization of services or funding. A pattern of failure to complete the process within 45 days shall be taken into account in determining whether to continue the designation of an agency.

(b) Content of notices

(1) If some or all of the services requested by the applicant are denied, or the applicant is found not eligible the written notice shall include information about the basis for the decision, and how to appeal the decision, including:

(A) The policy or citations the action is based on (e.g. System of Care funding priorities);

(B) The right to appeal the decision and the procedures for doing so (see Part 8);

(C) Resources for legal representation (such as, Disability Law Project, South Royalton Legal Clinic).

(2) If the assessment determines the applicant has a developmental disability and has needs that fit within the System of Care Plan funding priorities, the notice shall state the amount of funding and services the applicant shall receive. The notice shall also state what costs, if any, the recipient is responsible to pay. (Section 4.7 (b)).

(3) If the assessment determines the applicant does not have a developmental disability, the notice shall state that the designated agency will continue to offer information and referral services to the applicant.

(4) If the assessment determines the person has a developmental disability but does not meet a system of care plan funding priority to receive services or funding, the notice shall state that the designated agency shall continue to offer information and referral services and shall place the person's name on a waiting list. (Section 4.16).

#### **4.8 Choice of provider**

(a) The agency shall help a recipient learn about service options, including the option of self/family-managing services. If the recipient is not self/family-managing services, the designated agency shall ensure that at least one agency within the geographic area will offer the needed services at or below the authorized funding. If no other agency is available to provide the needed services and the recipient or family does not wish to self/family-manage services, the designated agency shall provide the service.

(b) If the recipient's needs are so specialized that no agency in the geographic area can provide the needed services, the designated agency may, with the consent of the recipient, contract with an agency outside the geographic region to provide some or all of the needed services.

(c) The recipient may choose to receive services from a provider other than the DA if the agency agrees to provide the needed services at or below the authorized funding. If at any time a recipient chooses or consents to receive some or all needed services or supports from a different

agency, the agency currently serving the recipient shall promptly transfer the individual's authorized funding to the agency selected. Any disputes about the amount of funding to be transferred shall be resolved by the Director of the Division of Disability and Aging Services.

- (d) The recipient may choose to self/family-manage services. (Part 5).

#### **4.9 Individual support agreement**

(a) Once a recipient has received written authorization of services or funding (Section 4.7), the recipient, together with the agency, begins a process to write a support agreement that defines the services and supports to be provided. The recipient may involve any person in the process.

(b) The agency (or, in the case of self/family-managed services, the Supportive ISO) has ultimate responsibility to ensure that an initial support agreement is developed within 30 days after the written authorization of funding or services, but this timeline may be extended at the request of the recipient.

(c) Initial and ongoing support agreements shall be written and reviewed in accordance with the Department's Guidelines for Individual Support Agreements. A written support agreement is required even if the recipient chooses to self/family-manage services.

(d) The support agreement is a contract between the recipient and provider(s) who will provide the service or support.

- (e) A support agreement may be revised at any time.

#### **4.10 Periodic review of needs**

(a) At least annually, the responsible designated agency or specialized service agency or Supportive ISO shall conduct an updated needs assessment and, together with the recipient and his or her team, review each recipient's budget and need for services.

(b) The agency shall make adjustments in a recipient's budget and/or services, if indicated, based upon the following:

- (1) Changes in the recipient's needs;
- (2) Changes in the cost of services to meet the needs;
- (3) Changes in the System of Care Plan; and

(4) Changes in funds available due to insufficient or reduced appropriation or an administrative arithmetic error.

(c) As part of the periodic review, the agency shall ask each recipient about his or her satisfaction with services, and provide each recipient and guardian of a recipient with an explanation of the rights of recipients and how to initiate a grievance or appeal. (Part 8).

(d) If a periodic review results in a determination that services or funding should be reduced, changed, suspended or ended, the agency shall notify the recipient as provided in Section 4.7 and Part 8.

#### **4.11 Full reassessment of a young child**

(a) The agency shall conduct or arrange for a full clinical reassessment of a child at the time he or she enters first grade to determine whether the child is a person with a developmental disability. Assessments conducted by schools or other organizations should be used whenever possible to avoid duplication.

(b) *Exception:* A child receiving limited services as the result of a diagnosis of Pervasive Developmental Disorder does not need to be reassessed to confirm the diagnosis of PDD at the time he or she enters first grade. An adaptive behavior assessment is required at this time to confirm the child continues to have significant deficits in adaptive behavior as defined in Part 2.

(c) If the reassessment determines that the child is no longer a person with a developmental disability, benefits for the child and family shall be phased out as provided these regulations.

#### **4.12 Full reassessment (transition from high school to adulthood)**

(a) The designated or specialized service agency shall conduct or arrange for a full clinical reassessment and a reassessment of needs of a recipient one year prior to his or her last month of high school. If the agency has less than one year's prior notice of the person's leaving high school, it shall conduct the reassessment as soon as it learns that the person is going to leave high school or has left high school. The reassessment shall consider (1) whether the young adult is a person with a developmental disability and (2) the future service and support needs of the person and his or her family. Any assessments conducted by schools or other organizations should be used whenever possible to avoid duplication.

(b) If the reassessment determines that the young adult is no longer a person with a developmental disability, services to the young adult and his or her family shall be phased out as provided in these regulations.

(c) If the reassessment determines that the support needs of the person or family will change or increase when the young adult is no longer in school, support agreement and budget shall be reviewed in accordance with Section 5.11.

#### **4.13 Full reassessment**

(a) The agency shall conduct or arrange for full clinical reassessment of an adult or child if there is reason to believe the person may no longer have substantial deficits in adaptive behavior, or may no longer have a developmental disability.

(b) If the reassessment determines that the individual is no longer a person with a developmental disability, services to the person shall be phased out within twelve months or less, unless the individual is eligible to continue to receive services based on Section 3.4.



#### **4.14 Notification of results of reassessment or periodic review**

(a) If a reassessment or review results in a determination that the recipient is no longer eligible, or services should be reduced, suspended, or ended, the agency shall notify the recipient in writing of the results of the review or reassessment, and of the right to appeal the decision. The notification shall be mailed at least 11 days prior to the planned change unless an exception in Medicaid Rule 4150(B) is met.

(b) The notice shall include the following:

(1) A statement of the action the agency intends to take;

(2) When it intends to take the action;

(3) The reasons for the intended action;

(4) The policy or citations on which the action is based (e.g., System of Care Plan);

(5) The right to appeal the decision and the procedures for doing so (Part 8);

(6) A statement that services may continue at the current level if the appeal is filed in accordance with the timelines contained in Part 8;

(7) Resources for legal representation (such as, the Disability Law Project, South Royalton Legal Clinic).

#### **4.15 Notices**

(a) To the extent possible, notices should be written in language and in a form that the applicant or recipient can understand.

(b) The agency shall ensure that someone will explain the contents of any written notice to an applicant or recipient who cannot read.

#### **4.16 Waiting list**

A person with a developmental disability whose application for services or supports is denied, in whole or in part, because the person's needs do not meet the System of Care Plan funding priorities shall be added to a waiting list maintained by the designated agency. The designated agency shall notify an applicant that his or her name has been added to the waiting list, and explain the rules for periodic review of the needs of people on the waiting list.

(a) The State System of Care Plan shall specify the procedures for how the waiting list shall operate.

(b) The designated agency shall conduct or arrange for reassessment of a person on the waiting list upon being notified of a significant change in the person's life situation.

(c) In addition, the agency shall review the needs of all people on the waiting list at least annually and when there are changes in the System of Care Plan funding priorities.

## **Part 5. Self/family-managed services**

Many people can manage their services instead of having an agency do it. People can manage their services either alone or with the help of their families. A person or a family can manage up to 8 hours a day of paid home supports.

The first step is to determine if the person or family can meet the rules in Section 5.2. A Supportive Intermediary Service Organization (called a Supportive ISO) makes this decision.

A person or a family also can manage *some* of the services and have an agency manage some of them, which is called shared-managing. Section 5.6 tells how shared-managing works.

*Note:* In this Part, the words “person” or “people” means a “recipient” or “family” as defined in Part 1; the word “services” means people receiving Medicaid-funded developmental disabilities services; and the word “manage” means “self/family manage.”

### **5.1 Self/Family-Management Agreement**

A person who is allowed to manage services must sign an agreement with a Supportive Intermediary Service Organization (Supportive ISO). The Department will approve the form. The agreement must set out what the person has to do and what the Supportive ISO has to do.

### **5.2 Responsibilities of a person who self/family-manages services**

A person who manages services must do each of the things in the list below, from (a) through to (o):

a) Make sure that the person still gets Medicaid the same way. Tell the Supportive ISO if anything about the person’s Medicaid changes.

(b) Make a plan that says what services the person needs and how much money the person has been given to spend for those services. The plan is called an individual support agreement. The plan must say exactly what each service is supposed to be and how much each service will cost each month. The plan must also say who will do the service.

(c) Make sure that services and supports are given to the person the way that the plan and the budget say they will be given.

(d) Make sure to follow the rules for all services and supports. Those rules are called the Department’s *Quality Standards for Services*. They are in Section 10.7 of these regulations.

(e) Know what the plan and budget say and change them if the person’s needs change. To do that, follow what these regulations and the Department’s *Guidelines for Individual Support Agreements* say to do when there is a change.

(f) Read the Department’s *Health and Wellness Guidelines* and make sure to do what the guidelines say to take care of the person’s health and safety.

(g) Make a complete case record and keep it up-to-date by writing in it every time that something happens or is supposed to happen.

(h) Follow the rules about reporting critical incidents to the Supportive ISO. Make the reports on time. The rules are in the Department's *Critical Incident Guidelines*.

(i) Report any time you think abuse or neglect of a child might have happened. Make the report to the Department for Children and Families. Report any time you think abuse, neglect, or exploitation of a vulnerable adult might have happened. Report that to Adult Protective Services. If a person tells you about any abuse, make sure to report it. Make sure the reports are made on time.

(j) Provide any behavior supports that the person might need. Follow the directions in the Department's *Behavior Support Guidelines* about how to provide behavior supports.

(k) Think ahead about what to do if there is a problem so the plan cannot be followed, like a worker gets sick and does not show up. Write a plan that says what you will do if that happens. Put in the plan who will come and work and what will happen if there is an emergency. It is the recipient or family's job to find workers or back-up if the plan cannot be followed. It is not the Supportive ISO's job or an agency's job.

(l) Take part in the Department's quality review process. Answer surveys about services from the Department or from other places about services. Make any changes that the Department says need to be made after it does a review.

(m) Get a home safety and accessibility inspection through the agency if the person has managed home supports. Make sure that all the necessary changes in the home are made.

(n) When hiring workers, follow all of these steps, 1 through 6:

(1) Write down what the worker's job is. Do reference checks before letting the worker start work by talking to people where the worker worked before;

(2) Interview, select and hire workers, but only if their background check is good;

(3) Choose a Fiscal Intermediary Service Organization. Give the organization all information it needs to do background checks, carry out payroll and tax responsibilities, and report financial and service data to the Supportive ISO;

(4) Train or have someone else train all workers the way the regulations require workers to be trained. The rules are in the Department's pre-service and in-service standards in Part 9;

(5) Supervise and monitor workers to make sure they do the work that they are supposed to do and put the right amount on their timesheets. Check their timesheets to make sure they are right; and

(6) Suspend or fire workers as necessary.

(o) Do all the other things that a person must do to manage services. Those things are in the Department's guidelines for people who are managing services by themselves or with their families.

### **5.3 Role of Qualified Developmental Disability Professional (QDDP)**

(a) A person who manages services must choose someone to be their independent QDDP or they must ask the Supportive ISO to find a QDDP for them.

(b) If a QDDP works for an agency or a supportive ISO, the agency or the supportive ISO must make sure that the person has the skills to be a QDDP. If person uses a QDDP who does not hired by an agency or by a supportive ISO, the Department has to agree first. The Department has to agree before the person can be the QDDP and do what a QDDP does a person managing services.

(c) The QDDP will:

(1) Approve the person's plan;

(2) Make sure that the plan is being carried the way it is supposed to be and that it meets the needs of the person;

(3) Make sure that services and supports are delivered the way the Department and Medicaid regulations and guidelines say they have to be;

(4) Do the periodic review of the person's needs along with the Supportive ISO;

(5) Make sure the plan is updated to show the changes in the person's needs and goals;

(6) Approve any changes to the plan; and

(7) Tell the person about his or her rights that are in Part 5 of these regulations.

### **5.4 Responsibilities of a Supportive ISO when a person self/family-manages services**

When a person manages services, the Supportive ISO will:

(a) Give help and support to the person to learn and understand the responsibilities of managed services. That help will include explaining managed services and the person's employer role and responsibilities;

(b) Do the periodic review along with the QDDP, and notify the person of his or her rights under these regulations;

(c) Check each year to make sure the person is still eligible for Medicaid;

(d) Help the person to develop and manage the person's authorized funding limit budget. Provide the Fiscal ISO with the person's budget;

- (e) Bill Medicaid upon when it receives the right papers to show what services were given and how much money was spent;
- (f) Change a person's budget from time to time and review requests for more money under the System of Care Plan;
- (g) Make sure that the person has a current plan (individual support agreement). Make sure the plan matches the areas of support funded in the budget. Make sure the plan talks about any known health and safety concerns;
- (h) If a person asks, give QDDP oversight. QDDP oversight will be a separately purchased service;
- (i) Maintain a minimum case record. Make sure that the person understands that the person must have a complete case record;
- (j) Review and appropriately manage all reported critical incidents. If applicable, report the critical incidents to the Department;
- (k) Give information to the person about the Department's crisis network;
- (l) Make sure that the person is able to follow all the necessary parts of doing managed service;
- (m) Give required pre-service and in-service training to the person's support workers if the person does not give that training. The training rules are in Part 10; and
- (n) Have an advisory board.

## **5.5 Determination that the person is unable to self/family-manage services**

- (a) The Supportive ISO can stop the management agreement if it decides that the person is not able to manage services. The Supportive ISO has to talk with someone from the Department before stopping the agreement. If the person's management agreement is stopped, then the person's services will come from the person's designated agency. Unless it is an emergency, the Supportive ISO has to tell the person at least 30 days ahead if it plans to end the agreement.
- (b) The Supportive ISO can decide that the person is not able to manage services only for one or more of these reasons:
  - (1) The managed services put the person's health or safety at risk;
  - (2) The person is not able to consistently arrange or provide the necessary services; or
  - (3) Even after getting training and support, the person is not substantially or consistently following the rules for an employer that are in the agreement. Not following the rules also means not following policies, regulations, guidelines, or funding requirements for developmental disability services.

(c) If the Supportive ISO decides a person is not able to manage services, the person may appeal. The appeal goes to the Division Director. The Director may set a period of time for the person to correct the mistakes or follow the rules. The decision about what to do is up to the Division Director's discretion. The decision of the Division Director may be appealed to the Human Services Board.

## **5.6 Responsibilities of a person who share-manages services**

A person can manage some services and let an agency manage some services. That is called share-managing. A person who share-manages with an agency must do each of these things:

- (a) Give services and supports the way the plan (individual support agreement) and budget say they will be given.
- (b) Give services and supports the way the Department's *Quality Standards for Services* say to give them. Follow the rules in Section 10.7.
- (c) Make and keep all required papers and records.
- (d) Report critical incidents to the agency. Make the reports on time. Report the incidents the way the Department's *Critical Incident Guidelines* say to report them.
- (e) Make reports about abuse or neglect of a child to the Department for Children and Families. Make reports about abuse, neglect, or exploitation of a vulnerable adult to Adult Protective Services. Make these reports on time. Report if you think the abuse happened or if someone tells you it did.
- (f) Give the person any behavior supports the person needs in the way it says to give them in the Department's *Behavior Support Guidelines*.
- (g) Think ahead about what to do if there something happens and the plan cannot be followed, like a worker gets sick and does not show up. Write a plan that says what you will do if that happens. Put in the plan who will come and work and what will happen if there is an emergency. It is the recipient or family's job to find workers or back-up if the plan cannot be followed. It is not the Supportive ISO's job or an agency's job.
- (h) Take part in the Department's quality review process. Answer surveys about services from the Department or other places about services. Make any changes that the Department says need to be made after it does a review.
- (i) When hiring workers, follow steps 1 through 6:
  - (1) Write down what the worker's job is. Do reference checks before letting the worker start work by talking to people where the worker worked before;
  - (2) Interview, select and hire workers, but only if their background check is good;
  - (3) Choose a Fiscal Intermediary Service Organization. Give the organization all information it needs to do background checks, carry out payroll and tax responsibilities, and report financial and service data to the Supportive ISO;

- (4) Train or have someone else train all workers the way the regulations require workers to be trained. The rules are in the Department's pre-service and in-service standards in Part 9;
- (5) Supervise and monitor workers to make sure they do the work that they are supposed to do and put the right amount on their timesheets. Check their timesheets to make sure they are right; and
- (6) Suspend or fire workers as necessary.

## **Part 6. Recipient Financial Requirements**

### **6.1 Income and resources; Medicaid-funded programs**

For all supports and services funded by Medicaid, the income and resource rules of the Department for Children and Families governing eligibility for Medicaid programs apply, and are incorporated here by reference.

### **6.2 Room and board; personal spending money**

Medicaid developmental disabilities home and community-based services funding does not cover room and board, clothing, or personal effects.

(a) At least annually, the Commissioner or the Commissioner's designee shall publish a schedule of rates for room and board and rates for personal spending allowances for recipients. The personal spending allowance shall not be less, and may be more, than the personal spending allowance for nursing home residents. The sum of the room and board rates and the personal spending allowance shall be equal to the current SSI rates, including state supplement.

(b) Payment of the rate set by the Commissioner's schedule shall be considered payment in full for the recipient's room and board if the recipient receives residential services funded by the Department. Recipients who receive income from a source other than SSI shall be charged the same rate for room and board as SSI recipients.

(c) In unusual circumstances the Division Director may permit non-Medicaid funds of the Department to be used to subsidize the excess costs of a recipient's room and board.

(d) Recipients who rent or own their own home or apartment, and have room and board costs in excess of the Commissioner's schedule shall receive assistance in accessing rent subsidy, low interest loans, fuel assistance, and other sources of housing assistance for low income Vermonters. To the extent authorized by the System of Care Plan, the Commissioner may provide non-Medicaid funds to subsidize the excess costs of a recipient's rent or house payment, if the recipient is unable to afford the cost.

(e) Recipients who rent or own their own home or apartment and who works may elect to use their earnings to pay rent or mortgage or room and board costs in excess of the Commissioner's schedule.

(f) The recipient, in consultation with his or her representative payee, if any, shall determine how to spend the personal spending allowance.

### **6.3 Financial responsibility of parents**

The parents of a child under age 18 with a developmental disability are financially responsible for costs not covered by any Medicaid program or funded by the Department, specifically: housing; food; clothing; non-medical transportation; personal items; and child care necessary for a parent to work.

## **Part 7. Special Care Procedures**

### **7.1 Purpose**

The purpose of these regulations is to ensure that people with developmental disabilities who have specialized health care needs will receive safe and competent care while living in home and community settings funded by the Department.

### **7.2 Special Care Procedure**

(a) The purpose of classifying a procedure as a "special care procedure" is to provide a system for ensuring that lay people who provide special care procedures in home or community settings have the training and monitoring they need to protect the health and safety of the people they care for.

(b) Examples of special care procedures are as follows:

(1) Enteral care procedures. Procedures that involve giving medications, hydration, and/or nutrition through a gastrostomy or jejunostomy tube. Special care procedures include replacement of G and J tubes, trouble-shooting a blocked tube, care of site, checking for placement, checking for residuals, use, care and maintenance of equipment; follow up regarding dietitians' recommendations, obtaining and following up lab work, mouth care, and care of formula.

(2) Procedures to administer oxygen therapy. Use of O2 tanks, regulators, humidification, concentrators, and compressed gas. This may include need for O2 assistance through use of SaO2 monitor, use of cannulas, tubing, and masks.

(3) Procedures that require suctioning techniques. Oropharyngeal (using Yankeur), nasopharyngeal (soft flexi tube) and tracheal components, which may include suctioning; clean versus sterile suctioning, care and maintenance of equipment, including stationary and portable systems.

(4) Administration of respiratory treatments. Using nebulizer set-up, care and maintenance of equipment.

(5) Tracheotomy care. Including cleaning of site and replacement of trach.

(6) Procedures that include placement of suprapubic and urethral catheters, intermittent catheterization, use and care of leg bags, drainage bags, when and how to flush, clean versus sterile catheterization.



(7) Procedures that include care of colostomy or ileostomy. Care of the stoma and maintenance of equipment.

(8) Diabetes care, including medications, use of insulin, monitoring.

### **7.3 Application and limitations**

(a) These sections (Part 7) apply to designated agencies and specialized service agencies (including their staff and contractors).

(b) These sections (Part 7) apply to managed services, but they do not apply to care provided by natural or adoptive family members unless the family member is compensated for providing the care with funds administered or paid by the Department.

(c) These regulations do not apply to care provided in hospitals or nursing homes.

### **7.4 Determining that a procedure is a special care procedure**

The determination that a care procedure is a "special care procedure" has three components:

(a) The procedure requires specialized nursing skill or training not typically possessed by a lay individual;

(b) The procedure can be performed safely by a lay individual with appropriate training and supervision; and

(c) The person needing the procedure is stable in the sense that outcomes are predictable.

### **7.5 Who determines special care procedures**

(a) The initial identification of the possible need for a special care procedure may be made by the agency that serves the individual, by nursing staff of the Department, or by any other health providers.

(b) A registered nurse shall determine whether a procedure is a special care procedure.

### **7.6 Who may perform a special care procedure**

(a) A special care procedure may be performed only by a person over the age of 18 who receives training, demonstrates competence, and receives monitoring in accordance with these regulations.

(b) Competence in performing a special care procedure is individualized to the particular needs, risks, and characteristics of an individual. The fact that an employee or contractor may have been approved to perform a special care procedure for one individual does not create or imply approval for that person to perform a similar procedure for another individual.

(c) The agency responsible for the health needs of the individual shall ensure that special care procedures are performed by lay people trained in accordance with the regulations, or else by a qualified health professional.

(d) The agency is responsible for having a back-up plan for situations where the person or people trained to perform a special care procedure for an individual are unavailable. If a trained lay person is not available, the procedures shall be performed by a qualified health professional. In the case of managed services, the services coordinator bears responsibility for having a back-up plan.

## **7.7 Specialized care plan**

(a) If a registered nurse has determined that a person needs a special care procedure, the agency is responsible for ensuring that a specialized care plan is attached to the individual's support agreement and that every person who is authorized to perform a special care procedure has a copy of the specialized care plan.

(b) The specialized care plan shall be developed by the registered nurse and shall identify the specialized care procedures and the nurse responsible for providing training, determining competence, and reviewing competence. The specialized care plan shall also include a schedule for the registered nurse to monitor the performance of specialized care procedures. (Sections 7.8 and 7.9)

## **7.8 Training**

(a) Qualifications of trainer. Training shall be provided by a registered nurse. The registered nurse shall have a current State of Vermont nursing license.

(b) Timeliness. Training shall be provided before any caregiver who is not a health professional provides a special care procedure without supervision. Training shall be provided in a timely manner so as not to impede services for an individual.

(c) Best practice. Training in special care procedures shall conform to established best practice for performance of the procedure.

(d) Individual accommodations. Individuals with developmental disabilities have had unique experiences that may enhance or obstruct the ability to provide care. Within the framework of special care procedures, a combination of best practice and accommodation of individual characteristics will define the procedures to be used with a particular individual.

(e) Documentation of training. The agency responsible for the health needs of the individual is responsible for ensuring that the registered nurse provides a record of training for any person who is carrying out a special care procedure. The records shall include information about who provided the training, when the training was provided, who received training, what information was provided, and the conditions under which reassessment and retraining need to occur.

(f) Emergencies. The registered nurse shall be notified of any changes in a person's condition or care providers. The agency responsible for the health needs of the individual shall ensure that special care procedures are performed by lay people trained in accordance with the regulations, or else by nursing personnel. If the nurse determines that, as a result of the emergency, a trained lay person

cannot safely perform the procedure, the procedure shall be performed by a qualified health professional.

## **7.9 Competence**

The determination of competence is a determination that a person demonstrates adequate knowledge to perform a task, including use of equipment and basic problem solving. Competence includes capability, and adequate understanding.

- (a) Determination of competence. Determination of competence shall be made by a registered nurse. The specialized care plan will identify the nurse responsible for making this determination.
- (b) Supervised practice. An individual who is working toward but has not yet achieved status of a competent special care provider shall provide specialized care under the supervision of a registered nurse.
- (c) Competence defined. Competence involves demonstrating safe performance of each step of the special care procedure and proper use and maintenance of equipment, basic problem solving, consistency of performance, and sufficient theoretical understanding.
- (d) Documentation of competence. The record shall document which people are determined competent to perform a special care procedure.
- (e) Review of competence. A specialized care provider's competence shall be reviewed by a registered nurse at least annually, and also when that worker's competence is in question, or at any time when there is change in the condition of the person with a developmental disability.

## **7.10 Monitoring**

Ongoing monitoring by a registered nurse ensures that a special care provider's skills and knowledge continue to be current. The individual's specialized care plan shall include monitoring requirements, including expectations for monitoring the performance of special care procedures and patient outcomes at least yearly.

# **Part 8. Grievance, Internal Appeal and Fair Hearing**

## **8.1 Global Commitment and Grievances**

(a) Medicaid-funded services for eligible individuals with developmental disabilities are part of the Global Commitment to Health 1115(a) Medicaid Waiver, which is an 1115(a) Demonstration waiver program under which the Federal government waives certain Medicaid coverage and eligibility requirements found in Title 19 of the Social Security Act. The Department of Vermont Health Access (DVHA), as a Managed Care Entity (MCE) under the Global Commitment 1115(a) waiver, is required under 42 C.F.R. Part 438, Subpart F, to have an internal grievance and appeal process for resolving service disagreements between recipients and MCE employees, representatives of the MCE, and state-designated agencies, including Designated Agencies and Specialized Service Agencies.

(b) The MCE and any part of the MCE receiving funds for the provision of services under the Global Commitment to Health shall be responsible for resolving all grievances and all appeals initiated under these rules.

(c) Recipients and providers shall not be subject to retribution or retaliation for filing a grievance or an appeal with the MCE.

(d) Services funded with investments dollars are not included, as they are separate from the Global Commitment to Health waiver.

NOTE: A provider outside the network (i.e. not enrolled in Medicaid) cannot be reimbursed by Medicaid.

Note: Collaborative decisions of any type made by multi-disciplinary groups that include MCE and non-MCE members such as local interagency teams (LIT), the State Interagency Team (SIT), the State or Local Team for Functionally Impaired, and the Case Review Committee (CRC) are not actions of the MCE and therefore are not governed by these regulations.

## **8.2 Definitions**

(a) “Action” means an occurrence of one or more of the following by the agency for which an internal agency appeal may be requested:

- (1) Denial or limitation of authorization of a requested covered service or eligibility for service, including the type, scope or level of service;
- (2) Reduction, suspension or termination of a previously authorized covered service or a service plan;
- (3) Denial, in whole or in part, of payment for a covered service;
- (4) Failure to provide a clinically indicated, covered service, when the provider is a state agency, or a designated agency or a specialized service agency (DA/SSA);
- (5) Failure to act in a timely manner when required by state rule;
- (6) Denial of a recipient's request to obtain covered services outside the network.

(b) “Agency” for purposes of this section means a designated agency or a specialized service agency. In addition, a Supportive Intermediary Service Organization is considered an “agency” for the purposes of this section when making decisions about reductions or denials of services or funding.

(c) “Appeal” means a request for an internal review of an action by the Department or agency.

(d) “Decision maker” means the person or people empowered to make a decision under Sections 8.4 and 8.5.

(e) “Expedited Appeal” means an internal MCE appeal in an emergent situation in which taking the time for a standard resolution could seriously jeopardize the recipient’s life, health or ability to attain, maintain, or regain maximum functioning.

(f) “Fair Hearing” means an appeal filed with the Human Services Board, whose procedures are specified in rules separate from the MCE grievance and appeal process.

(g) “Filed” or “notified” means personally delivered, or deposited in the U.S. mail with first class postage affixed.

(h) “Grievance” means an expression of dissatisfaction about any matter that is not an action. Possible subjects for a grievance include, but are not limited to, the quality of care or services provided, aspects of interpersonal relationships such as rudeness of a provider or employee, or failure to respect the recipient’s rights. If a grievance is not acted upon within the timeframes specified in rule, the recipient may ask for an appeal under the definition above of an action as being a “failure to act in a timely manner when required by state rule.” If a grievance is composed of a clear report of alleged physical harm or potential harm, the agency or Department will immediately investigate or refer to the appropriate investigatory body (fraud, malpractice, professional regulations board, Adult Protective Services).

(i) “Managed Care Entity” (MCE) means:

(1) The Department of Vermont Health Access (DVHA);

(2) Any state department with which DVHA has an Intergovernmental Agreement under the Global Commitment to Health 1115(a) waiver, excluding the Department of Education, that results in that department administering or providing services under the Global Commitment waiver (i.e. Department for Children and Families; Department of Disabilities, Aging and Independent Living; Department of Health; Department of Mental Health);

(3) A designated agency or a specialized services agency; and

(4) Any contractor authorizing service authorizations or performing prior authorizations on behalf of the MCE.

(j) “Network” means providers enrolled in the Vermont Medicaid program who are designated by the Commissioner of the Department of Disabilities, Aging and Independent Living and who provide services on an ongoing basis to recipients. It does not include a provider who enrolls on a one-time basis for the purpose of serving a specific recipient.

(k) “Provider” means a person, facility, institution, partnership or corporation licensed, certified or authorized by law to provide health care service to an individual during that individual’s medical care, treatment or confinement. A provider cannot be reimbursed by Medicaid unless he/she is enrolled with Medicaid; however, a provider may enroll to serve only a specific beneficiary. A developmental home provider, employee of a provider, or an individual or family that manages services is not a provider for purposes of this rule.

(l) “Service” means a benefit 1) covered under the 1115(a) Global Commitment to Health waiver as set out in the Special Terms and Conditions approved by the Center for Medicare and

Medicaid Services (CMS), 2) included in the State Medicaid Plan if required by CMS, 3) authorized by state rule or law, or 4) identified in the Intergovernmental Agreement between the Department of Vermont Health Access and Agency of Human Services departments or the Department of Education for the administration and operation of the Global Commitment to Health waiver.

### **8.3 Grievances**

(a) A grievance may be initiated by a recipient or the designated representative of a recipient. A grievance may be expressed orally or in writing.

(b) Grievances shall be filed within 60 days of the pertinent issue in order for the grievance to be considered. Staff members shall assist a recipient if the recipient or his or her representative requests such assistance.

(c) A written acknowledgement of a grievance shall be mailed within 5 calendar days of receipt by the MCE. The acknowledgement shall be made by the part of the MCE responsible for the service area that is the subject of the grievance. If the MCE decides the issue within the five-day time frame, it need not send separate notices of acknowledgement and decision. The decision notice is sufficient in such cases.

(d) Recipients or their designated representatives may withdraw grievances orally or in writing at any time. If a grievance is withdrawn orally, the withdrawal will be acknowledged by the MCE in writing within 5 calendar days.

(e) All grievances shall be addressed within 90 calendar days of receipt. The person making the decision shall provide the recipient with written notice of the disposition. The written notice shall include a brief summary of the grievance, information considered in making the decision, and the disposition. If the response is adverse to the recipient, the notice shall also inform the recipient of his or her right to initiate a grievance review with the MCE as well as information on how to initiate such review.

(f) If a grievance is decided in a manner adverse to the recipient, the recipient may request a review by the MCE within 10 calendar days of the decision. The review will be conducted by an individual who was not involved in deciding the grievance under review and is not a subordinate of the individual who decided the original grievance.

(g) The MCO shall acknowledge grievance review requests within 5 calendar days of receipt.

(h) The grievance review will assess the merits of the grievance issue(s), the process employed in reviewing the issue(s), and the information considered in making a final determination. The primary purpose of the review shall be to ensure that the grievance process has functioned in an impartial manner and that the response was consistent with the issues and/or facts presented. The recipient shall be notified in writing of the finding of the grievance review within 90 days.

(i) Although the disposition of a grievance is not subject to a fair hearing before the Human Services Board, the recipient may request a fair hearing for an issue raised that is appropriate for review by the Board, as provided by 3 V. S. A. § 3091 (a).

## 8.4 Right to an internal MCE appeal

(a) When the agency issues an action subject to appeal, including a decision to deny, reduce, or terminate eligibility, or deny, reduce, or terminate services, or when an agency fails to act within 45 days upon an application for services, it shall notify the applicant or recipient of the right to appeal. Notice shall be provided as described herein. In the event the agency fails to provide notice of appeal rights, the time limit for an applicant or recipient to submit an appeal shall be extended.

(b) An applicant or recipient may request an internal MCE appeal of an MCE action, and a fair hearing before the Human Services Board. An applicant or recipient may use the internal MCE appeal process while a fair hearing is pending or before a fair hearing is requested (8.11), except when a benefit or service is denied, reduced or eliminated as mandated by federal or state law or rule, in which case the recipient cannot use the MCE appeal process and shall challenge the decision only by requesting a fair hearing.

(1) The agency shall notify the Department within one working day of receipt of the request for appeal. The agency and the Department shall render a final MCE decision.

(2) The applicant or recipient shall have 30 calendar days from the date of the final MCE decision to request a fair hearing.

(c) An internal MCE appeal under this rule may only be filed regarding the denial of a service that is covered under Medicaid.

(d) If an applicant or recipient requests an internal MCE appeal regarding only a Medicaid eligibility or premium determination, the entity that receives the appeal will forward it to the Department for Children and Families (DCF), Economic Services Department. They will then notify the applicant or recipient in writing that the issue has been forwarded to and will be resolved by DCF. These appeals will not be addressed through the internal MCE appeal process and will be considered a request for fair hearing as of the date the MCE received it.

(e) Applicants or recipients may file requests for internal MCE appeals orally or in writing for any MCE action. Representatives of the applicant or recipient may initiate internal appeals only after a determination that the third party involvement is being initiated at the applicant's or recipient's request. Internal MCE appeals of actions shall be filed with the MCE within 90 calendar days of the date of the MCE notice of action. The date of the appeal, if mailed, is the postmark date. The internal MCE appeal process will include assistance by staff members of the MCE, as needed, for the applicant or recipient to initiate and participate in the appeal. Recipients shall not be subject to retribution or retaliation for appealing an MCE action.

(f) An initial applicant who files an appeal shall not receive benefits pending the appeal.

(g) Written acknowledgement of the internal MCE appeal shall be mailed within 5 calendar days of receipt by the part of the MCE that receives the appeal request. If a recipient files an appeal with the wrong entity, that entity will notify the recipient in writing in order to acknowledge the appeal. This written acknowledgement shall explain that the issue has been forwarded to the correct part of the MCE, identify the part to which it has been forwarded, and explain that the appeal will be addressed by that part of the MCE. This does not extend the deadline by which an internal MCE appeal shall be determined.

(h) Recipients or their designated representatives may withdraw appeals orally or in writing at any time. If an appeal is withdrawn orally, the withdrawal will be acknowledged by the MCE in writing within 5 calendar days.

(i) The recipient or his or her designated representative has the right to participate in person, by telephone or in writing in the meeting in which the MCE is considering the final decision regarding the internal MCE appeal. If the appeal involves an agency decision, a representative of the DA/SSA may also participate in the meeting. Recipients or their designated representative may submit additional information that supplements or clarifies information that was previously submitted and is likely to materially affect the decision. They will also be provided the opportunity to examine the case file, including medical records and other documents or records, prior to the meeting. Upon request, the MCE shall provide the recipient or his or her designated representative with all the information in its possession or control relevant to the internal appeal process and the subject of the internal appeal, including applicable policies or procedures and (to the extent applicable) copies of all necessary and relevant medical records. The MCE will not charge the recipient for copies of any records or other documents necessary to resolve the internal appeal.

(j) The individual who hears the internal MCE appeal shall not have made the decision that is subject to appeal and shall not be a subordinate of the individual who made the original decision.

(k) Internal MCE appeals shall be decided and written notice sent to the applicant or recipient within 45 calendar days of receipt of the appeal. The applicant or recipient shall be notified as soon as the appeal meeting is scheduled. Meetings will be held during normal business hours and, if necessary, the meeting will be rescheduled to accommodate individuals wishing to participate. If a meeting cannot be scheduled so that the decision can be made within the 45-day time limit, the time frame may be extended up to an additional 14 days, by request of the applicant or recipient or by the MCE if the extension is in the best interest of the applicant or recipient. If the extension is at the request of the MCE, it shall give the applicant or recipient written notice of the reason for the delay. The maximum total time period for the resolution of an internal MCE appeal, including any extension requested either by the applicant/recipient or the MCE, is 59 days. If a meeting cannot be scheduled within these timeframes, a decision will be rendered by the MCE without a meeting with the applicant or recipient, or the designated representative.

## **8.5 Expedited internal MCE appeal requests**

(a) Expedited internal MCE appeals may be requested in emergent situations in which the recipient or designated representative indicates that taking the time for a standard resolution could seriously jeopardize the recipient's life or health or ability to attain, maintain, or regain maximum function. Requests for expedited appeals may be made orally or in writing with the MCE for any MCE actions subject to appeal. The MCE will not take any punitive action against a provider who requests an expedited resolution or supports a recipient's appeal.

(b) If the request for an expedited internal MCE appeal is denied because it does not meet the criteria, the MCE will inform the recipient that the request does not meet the criteria for expedited resolution and that the appeal will be processed within the standard 45-day time frame. An oral notice of the denial of the request for an expedited internal MCE appeal shall be promptly communicated (within 2 calendar days) to the recipient and followed up within 2 calendar days of the oral notification with a written notice.



(c) If the expedited internal MCE appeal request meets the criteria for such appeals, it shall be resolved within 3 working days. If an expedited appeal cannot be resolved within 3 working days, the time frame may be extended up to an additional 14 calendar days by request of the recipient, or by the MCE if the extension is in the best interest of the recipient. If the extension is at the request of the MCE, it shall give the recipient written notice of the reason for the delay. An oral notice of the expedited appeal decision shall be promptly communicated (within 2 calendar days) to the recipient and followed up within 2 calendar days of the oral notification with a written notice. The written notice for any expedited internal MCE appeal determination shall include a brief summary of the appeal, the resolution, the basis for the resolution, and the recipient's right to request a fair hearing if not already requested.

## **8.6 Participating provider decisions**

(a) Provider decisions shall not be considered MCE actions and are not subject to appeal using this process.

(b) A state agency shall be considered a provider if it provides a service that is:

(1) Claimed at the Medicaid service matching rate;

(2) Based on medical or clinical necessity; and

(3) Not prior-authorized.

(c) Designated agencies/specialized service agencies (DA/SSA) are providers when their decisions do not affect recipient eligibility or services.

## **8.7 Notices**

(a) The part of the MCE issuing a services decision that meets the definition of an action shall provide the recipient with written notice of its decision. In cases involving a termination or reduction of services, such notice of decision shall be mailed at least 11 days before the change will take effect. Where the decision is adverse to the recipient, the notice shall inform the recipient when and how to file an internal MCE appeal or fair hearing. In addition, the notice shall inform the recipient that he or she may request that covered services be continued without change as well as the circumstances under which the recipient may be required to pay the costs of those services pending the outcome of any internal MCE appeal or fair hearing.

(b) The agency shall provide notice, including reference to the applicable policy or citation the action is based on, as described in Sections 4.7, 4.12, 4.14, 4.15 and throughout Part 8, to an applicant or recipient of the rights provided in the Developmental Disabilities Act, 18 V.S.A. §§ 8727 (a) and 8728, and any other rights under state and federal law, as well as the right of grievance.

(c) All agencies and the Department shall post notices of the right to appeal and the procedure for appealing or initiating a grievance within the public areas of the agency. The Department shall provide such notices for posting, which shall include telephone numbers for receiving help in initiating a grievance, appeal, or fair hearing request.

## **8.8 Continued services**

(a) If requested by the recipient, services shall be continued during an appeal regarding a Medicaid-covered service termination, suspension or reduction under the following circumstances:

- (1) The appeal was filed in a timely manner, meaning before the effective date of the proposed action;
- (2) The recipient has paid any required premium(s) in full; and
- (3) The appeal involves the termination, suspension or reduction of a previously-authorized course of treatment or services plan.

(b) Where properly requested, a service shall be continued until any one of the following occurs:

- (1) The recipient withdraws the appeal;
- (2) Any limits on the cost, scope or level of service, as stated in law or rule, have been reached;
- (3) The MCE issues an appeal decision adverse to the recipient, and the recipient does not request a fair hearing within the applicable time frame;
- (4) A fair hearing is conducted and the Human Services Board issues a decision adverse to the recipient; or
- (5) The time period or service limits of a previously authorized service has been met.

(c) Continuation of benefits without change does not apply when the appeal is based solely on a reduction, suspension or elimination of a benefit or service required by federal or state law or rule affecting some or all recipients, or when the decision does not require the minimum advance notice as specified in Medicaid Rule 4150.

(d) Recipients may waive their right to receive continued benefits pending appeal.

## **8.9 Recipient liability**

(a) A recipient may be liable for the cost of any services provided after the effective date of the reduction or termination of service or the date of the timely appeal, whichever is later.

(b) The MCE may recover from the recipient the value of any continued benefits paid during the appeal period when the recipient withdraws the appeal before the relevant internal MCE appeal or fair hearing decision is made, or following a final disposition of the matter in favor of the MCE. Recipient liability will occur only if an internal MCE appeal, fair hearing decision, secretary's reversal and/or judicial opinion upholds the adverse determination, and the MCE also determines that the recipient should be held liable for service costs.

(c) If the provider notifies the recipient that a service may not be covered by Medicaid, the recipient can agree to assume financial responsibility for the service. If the provider fails to inform the recipient that a service may not be covered by Medicaid, the recipient is not liable for payment. Benefits will be paid

retroactively for recipients who assume financial responsibility for a service and who are successful on such service coverage appeal.

### **8.10 Appeals regarding proposed services**

(a) If an appeal is filed regarding a denial of service eligibility, the MCE is not required to initiate service delivery.

(b) The MCE is not required to provide a new service or any service that is not a Medicaid-covered service while a fair hearing determination is pending.

### **8.11 Fair hearing**

(a) A recipient may use the MCE internal appeal process and be entitled to a fair hearing before the Human Services Board. Fair hearings or internal MCE appeals shall be filed within 90 days of the date the notice of action was mailed by the MCE, or if not mailed, within 90 days after the action occurred. A request for a fair hearing challenging an MCE internal appeal decision shall be made within 90 days of the date of the original notice of the MCE internal appeal decision, or within 30 days of the date the MCE internal appeal decision was mailed. If the recipient's original request for an MCE internal appeal was filed before the effective date of the adverse action, the recipient has requested continuing benefits before the effective date of the adverse action, and the recipient has paid in full any required premium(s), the recipient's services will continue consistent with Section 8.8.

(b) The Department shall have standing to be a party to any request for fair hearing filed with the Human Services Board.

(1) Appeals to the Human Services Board shall be conducted in accordance with the rules governing the conduct of fair hearings by the Human Services Board, 3 V.S.A. Section 3091.

(2) The fair hearing officer shall assure that the person with a developmental disability has access to legal representation, if desired.

(3) The fair hearing officer may order an independent evaluation at no cost to the person with a developmental disability if he or she finds that it would aid in resolution of the issue on appeal.

(c) The Human Services Board may reverse or modify a decision of the Department or an agency only if the decision is inconsistent with the System of Care Plan and the rules and policies of the Department. The Human Services Board shall not reverse a decision of the MCE if the decision is consistent with the System of Care Plan and the rules and policies of the Department, unless the Board finds that the System of Care Plan rules, or policies of the Department conflict with state or federal law.

(d) The Secretary of the Agency of Human Services shall review all decisions and orders of the Human Services Board in accordance with 18 V.S.A. §8727 (b) (2).

## **Part 9. Training**

### **9.1 Purpose**

Training is an ongoing process that helps ensure safety and quality services and reflect the principles of services of the Developmental Disabilities Act of 1996, generally accepted best practices, and the priorities of the System of Care Plan.

### **9.2 Standards**

(a) The Department shall specify training standards and periodically update them to ensure that workers:

- (1) Understand the values and philosophy underlying services and supports;
- (2) Acquire skills necessary to address the individual needs of the recipient for whom they provide service and support;
- (3) Acquire skills to implement the principles and purposes of the Developmental Disabilities Act of 1996; and
- (4) Are exposed to best practice in supporting individuals with developmental disabilities.

(b) The standards shall ensure that people with developmental disabilities and their families are involved in the design, delivery, and evaluation of training.

### **9.3 Agency responsibilities**

(a) Each agency shall adopt and implement a training plan which ensures adherence to the following minimum standards:

- (1) Workers compensated with funds paid or administered by the agency will receive pre-service and in-service training or have knowledge and skills in the areas addressed by pre-service and in-service training consistent with Department standards and these regulations.
- (2) Workers, on an ongoing basis, will have opportunities to broaden and develop their skills and knowledge in the following areas:
  - (A) Best practices;
  - (B) Values;
  - (C) Current and emerging worker responsibilities; and
  - (D) Current and emerging needs of the person with a developmental disability.

(b) The training plan shall be based on assessment of the agency's ability to meet the needs of the people it serves, the local System of Care Plan, and the training needs of its staff and board members.

- (c) The training plan shall be updated as needed but at least every three years.
- (d) Each designated agency, specialized services agency and Supportive ISO shall:
  - (1) Have a system to verify that all workers compensated with funds administered or paid by the organization have received pre-service and in-service training in accordance with these regulations, or have knowledge and skills in the areas addressed by pre-service and in-service training.
  - (2) Make pre-service and in-service training available to all workers at no cost to the family or recipient.
  - (3) Involve people with disabilities and their families in the design, delivery, and evaluation of training and invite them to participate in training.
  - (4) Have a system to verify that all workers have been told about and understand the requirement to report abuse and neglect of children to the Department for Children and Families, and abuse, neglect and exploitation of vulnerable adults to Adult Protective Services.
- (e) Each agency and Supportive ISO shall:
  - (1) Inform each person that self/family-manages services or share-manages services about the recipients or family's responsibility for ensuring that all workers receive pre-service and in-service training in accordance with these regulations.
  - (2) Inform each person that self/family-manages or share-manages services about the availability of pre-service and in-service training at no cost to the family.

#### **9.4 Pre-service training**

Before working alone with a person who receives support funded by the Department, each worker shall demonstrate knowledge or be trained in all of the following areas:

- (a) Abuse reporting requirements:
  - (1) The requirements of Vermont law to report suspected abuse or neglect of children; and
  - (2) The requirements of Vermont law to report suspected abuse, neglect, or exploitation of vulnerable adults.
- (b) Health and Safety:
  - (1) Emergency procedures, including where to locate the emergency fact sheet;
  - (2) What to do if the person is ill or injured;
  - (3) Critical incident reporting procedures; and

- (4) How to contact a supervisor or emergency on-call staff.

(c) Individual specific information. (The provisions of this subsection apply each time a worker works with a different person or family.) For self/family managed-services and share-managed services the recipient or family is responsible for providing or arranging for this training for their workers.

- (1) Whether the person has a guardian, and how to contact the guardian;
  - (2) The individual's behavior, including how to recognize and respond to stressors and behaviors which place the person or others at risk;
  - (3) Health and safety needs of the person;
  - (4) How to communicate with the person; and
  - (5) The person's individual support agreement, including the amount of supervision the person requires.
- (d) Values:
- (1) Individual rights;
  - (2) Confidentiality;
  - (3) Respectful interactions with people with developmental disabilities and their families; and
  - (4) Principles of service contained in the Developmental Disabilities Act of 1996.
- (e) How to access additional support, training, or information.

## **9.5 In-service training**

(a) Within three months of being hired or entering into a contract, workers shall be trained in or demonstrate the knowledge and skills necessary to support individuals, including:

- (1) The worker's role in developing and implementing the individual support agreement (ISA), including the role and purpose of the ISA, and working as part of a support team;
- (2) The skills necessary to implement the recipient's support agreement (including facilitating inclusion, teaching and supporting new skills, supporting communication). For self/family-managed services, the recipient or family is responsible for providing or arranging for this training for their workers;
- (3) Vermont's developmental disabilities service system (including Department policies and procedures) and agency policies and procedures; and
- (4) Basic first aid.

(b) Workers shall be trained in blood-borne pathogens and universal precautions within time frames required by state and federal law.

## **9.6 Exception for emergencies**

(a) For the purposes of this section, “emergency” means an extraordinary and unanticipated situation of fewer than 96 hours.

(b) In an emergency, if the unavailability of a trained worker creates a health or safety risk for the person with a developmental disability, a worker who has not received pre-service training or demonstrated knowledge in all pre-service areas may be used for up to 96 hours as long as essential information about the person is communicated to the worker in brief form.

## **Part 10. Certification of Providers**

### **10.1 Purpose of certification**

In order to receive funds administered by the Department to provide services or supports to people with developmental disabilities providers shall be certified.

### **10.2 Certification status/duration of certification**

(a) Current providers. Any designated agency or specialized service agency receiving Department funds on the effective date of these regulations is presumed to be certified.

(b) New provider. A new provider that wishes to be certified by the Department shall first establish either that it meets the standards for designation or meets the requirements in subsection (c) below. Upon being designated, an organization shall apply in writing to the Department for certification. The application shall include policies, procedures, and other documentation demonstrating that the organization is able to meet the quality standards for certification contained in this Part.

(c) Certification or recertification of providers that do not meet the standards for designation

(1) Providers that are not designated but who wish to be certified must meet all the requirements of Part 10 of these regulations.

(2) When the Department determines that a provider is willing and able to meet certification criteria and provides services consistent with the local and state system of care plans, a provider may be certified for one year. The period of certification may be extended for up to three years in cases of outstanding performance. The duration of certification is dependent upon the level and degree to which the provider meets the certification criteria and its willingness and ability to correct/improve deficiencies.

(3) The Department makes the final decision as to whether an organization should be certified. The Department will offer the designated agency for each region in which a provider will operate an opportunity to comment about whether a provider is needed and should be certified. The Department will consider the recommendations of the designated agency for the region or

regions, as well as input from people with developmental disabilities, family members, and other interested people, and will investigate or consider any concerns related to whether the organization should be certified.

(d) The Department will specify the format and procedures for applications for certification.

(e) The Department shall send the applicant a written determination within 90 days after receiving an application for certification. An organization shall be certified in order to receive funds administered by the Department.

### **10.3 Monitoring of certification**

(a) The Department shall monitor certified providers through a variety of methods including, but not limited to, quality reviews, other on-site visits, review of critical incident reports and mortality reviews, investigation of complaints from recipients and the public, input from Department staff and staff or employees of other departments of the Agency of Human Services.

(b) A certified provider shall be subject to unannounced monitoring visits by the Department at any time, regardless of certification status.

### **10.4 Principles of service**

(a) To be certified, a provider shall provide services/supports that foster and adhere to these principles:

(1) **Children's Services.** Children, regardless of the severity of their disability, need families and enduring relationships with adults in a nurturing home environment. The quality of life of children with developmental disabilities, their families and communities is enhanced by caring for children within their own homes. Children with disabilities benefit by growing up in their own families; families benefit by staying together; and communities benefit from the diversity that is provided when people with varying abilities are included.

(2) **Adult Services.** Adults, regardless of the severity of their disability, can make decisions for themselves, can live in typical homes and can contribute as citizens to the communities where they live.

(3) **Full Information.** In order to make good decisions, people with developmental disabilities and their families need complete information about the availability, choices and costs of services, how the decision-making process works, and how to participate in that process.

(4) **Individualized Support.** People with developmental disabilities have differing abilities, needs and goals. To be effective and efficient, services shall be individualized to the capacities, needs and values of each individual.

(5) **Family Support.** Effective family support services shall be designed and provided with respect and responsiveness to the unique needs, strengths and cultural values of each family and the family's expertise regarding its own needs.



(6) **Meaningful Choices.** People with developmental disabilities and their families cannot make good decisions without meaningful choices about how they live and the kinds of services they receive. Effective services shall be flexible so they can be individualized to support and accommodate personalized choices, values and needs and assure that each recipient is directly involved in decisions that affect that person's life.

(7) **Community Participation.** When people with disabilities are segregated from community life, all Vermonters are diminished. Community participation is increased when people with disabilities meet their everyday needs through resources available to all members of the community.

(8) **Employment.** The goal of job support is to obtain and maintain paid employment in regular employment settings.

(9) **Accessibility.** Services shall be geographically available so that people with developmental disabilities and their families are not required to move to gain access to needed services, thereby forfeiting natural community support systems.

(10) **Health and Safety.** The safety and health of people with developmental disabilities is of paramount concern.

(11) **Trained Staff.** In order to ensure that the goals of this section are attained, all individuals who provide services to people with developmental disabilities and their families shall receive training as required by 18 V.S.A. § 8731 and Part 10 of these regulations.

(12) **Fiscal Integrity.** The fiscal stability of the service system is dependent upon skillful and frugal management and sufficient resources to meet the needs of Vermonters with developmental disabilities.

### **10.5 Services available regardless of funding source**

(a) Any services or supports which are provided to people who are eligible for Medicaid shall be made available on the same basis to people who are able to pay for the services or who have other sources of payment.

(b) The rate charged to recipients who are able to pay for services or who have payment sources other than Medicaid shall be the same as the rate charged to Medicaid-eligible recipients, *except that* the rate may be discounted to reflect lower administrative or implementation costs, if any, for non-Medicaid recipients. If a provider establishes a sliding fee scale for such services, the provider shall have a source of funding (such as United Way, state funds, donated services) for the difference between the cost of providing the service and the fee charged.

(c) Any services not funded by Medicaid may be made available in accordance with a sliding fee schedule.

### **10.6 Rights of individuals who receive services/supports**

To be certified, a provider shall have a written policy stating its commitment to assuring the rights of all individuals and families who receive services/supports as stated in the Developmental Disabilities

Act of 1996. To be certified, a provider shall provide services/supports that respect the rights of individuals and their families. The provider shall assist individuals and families to understand the rights listed in this section as well as rights provided by state or federal law, and shall provide this information in a format and language that is easy to understand.

(a) Every recipient has the right to:

- (1) Be free from aversive procedures, devices and treatments.
- (2) Have privacy, dignity, confidentiality and humane care.
- (3) Associate with and have relationships with individuals of their choice.
- (4) Communicate in private by mail and telephone.
- (5) Communicate in his or her primary language and primary mode of communication.
- (6) Be free from retaliation for making a complaint, voicing a grievance, recommending changes in policies or exercising a legal right.
- (7) Maintain contact with family, unless contact has been restricted by court order.
- (8) Refuse or terminate services, except where services are required by court order.
- (9) Have access to, read and challenge any information contained in any records about the person that are maintained by the Department or any agency or program funded by the Department and to file a written statement in the record regarding any portion of the record with which the person disagrees.

(b) Every family that receives services in the context of supporting a family member with a developmental disability has the right to:

- (1) Receive services without relinquishing custody of a child or children except when custody is terminated in accordance with Vermont law.
- (2) Privacy and confidentiality.
- (3) Communication.
- (4) Be free from retaliation for making a complaint, voicing a grievance, recommending a change in policy or exercising a legal right.

(c) People committed to the care of the Commissioner pursuant to Subchapter 3 of Chapter 206 of Title 18, relating to people who present a danger of harm to others, shall have all the rights provided by this section except when the Commissioner or the court restricts those rights for reasons of safety, security or treatment.

## 10.7 Quality standards for services

To be certified, an agency shall provide or arrange for services that achieve the following values and goals:

- (a) The civil and human rights of individuals are encouraged and respected.
- (b) Individuals direct their own lives.
  - (1) Individuals make the decisions that affect their lives.
  - (2) Individuals have the opportunity to manage services and choose how resources are used.
- (c) The needs of individuals are met and their strengths and preferences are honored.
  - (1) Services are developed with the person and family's/guardian's input and reflect the individual's strengths, needs, and goals.
  - (2) Services are individualized.
- (d) Individuals live and work as independently and interdependently as they choose.
  - (1) Services foster personal growth and encourage the development of practical life skills.
  - (2) Individuals are safe in their homes and communities.
  - (3) Individuals who choose to work have meaningful jobs that are suited to their interests and have the supports necessary to maintain those jobs.
- (e) Individuals experience positive relationships, including connections with family and their natural supports. Individuals are encouraged and receive guidance to maintain relationships that are meaningful to them.
- (f) Individuals participate in their local communities. Individuals have a sense of belonging, inclusion and membership in their community.
- (g) Individuals experience optimal health and well-being.
  - (1) Individuals have their medical and health needs met.
  - (2) Individuals are encouraged and supported to maintain healthy lifestyles and habits.
- (h) Individuals communicate effectively with others. Individuals are able to communicate effectively in their preferred mode. (Communication Bill of Rights)
- (i) Individuals have timely assessments and service plans.
- (j) Individual critical incidents and other reports are made in a timely manner and are in compliance with Department policy.

- (k) Individuals have trained and responsive workers.

### **10.8 Adherence to federal and state rules, regulations, policies and procedures**

To be certified, an agency shall demonstrate knowledge of and ability to abide by state and federal rules, regulations, licensing requirements, policies, guidelines and procedures.

### **10.9 Grievances and appeals**

(a) To be certified, an agency shall have a written policy and procedures for grievances and appeals and for the dissemination of information to individuals with developmental disabilities, consistent with Part 8 of these regulations.

(b) To be certified, an agency shall implement the decision of the Human Services Board, issued as the result of a fair hearing request filed in accordance with Part 8 of these regulations.

### **10.10 Local System of Care Plans**

To be certified, an agency shall participate in the development of the local system of care plan, and involve people with developmental disabilities, families, workers and other stakeholders who are associated with the agency in the development of this plan.

### **10.11 Training**

To be certified, an agency shall implement training as required in Part 9 of these regulations and in Department training standards.

### **10.12 Additional certification requirements for providers that are not designated agencies**

In order to be certified, a provider must meet all of the following requirements.

- (a) Organizational requirements.

(1) Incorporation. An organization must be incorporated to do business in the State of Vermont as a nonprofit organization, and have received or applied for federal recognition as a tax-exempt charitable organization as defined in Section 501(c) (3) of the Internal Revenue Code of the United States.

(2) Governance. An organization must have by-laws and a plan for governance and administration that includes a board of directors that consists of citizens who are representative of the general locale and individuals served. The board of directors shall have the powers ordinarily invested in a board of directors, including hiring, evaluation, and termination of the executive director; oversight of budget, operations and property; and assessment of quality of services.

(3) Policy input from people with developmental disabilities and their natural or adoptive families. A majority of the members of the board shall be composed of both individuals who are or were eligible to receive services from an agency because of their disability, and family members of an individual who is or was eligible to receive services because of his or her disability. At least 25 per cent of the standing committee shall be people with developmental

disabilities, and a majority of the standing committee shall be either people with developmental disabilities or family members. The standing committee (or board of directors, if a majority of its members are people with developmental disabilities or family members) shall do the following:

- (A) Evaluate the performance of the provider.
- (B) Recommend or set policy regarding services.
- (C) Participate in the selection and evaluation of key managerial staff.
- (D) Assess the quality and responsiveness of services, and make recommendations as indicated.
- (E) Review the efficiency and effectiveness of the provider's financial and human resources.
- (F) Participate with the designated agency in the development and design of services and supports and in development of the local and state system of care plans.
- (G) Participate in and evaluate the provider's complaint resolution process in a manner that is respectful of individual confidentiality, and as required by Part 9 of these regulations.
- (H) Report its findings and recommendations to the board of directors and to the Division.

(b) Fiscal management. In order to be certified, a provider must:

- (1) have fiscal management practices which demonstrate fiscal solvency as defined by the Division, including the ability to meet payroll and pay bills and taxes due in a timely fashion.
- (2) have the ability to monitor provider revenues and expenditures for each individual with developmental disabilities receiving service/support, by staff, service/support area and in total, in accordance with generally accepted accounting principles (GAAP).
- (3) have proof of professional liability insurance, board/officer insurance, and general tort liability insurance within guidelines set by the Division.
- (4) if it is an organization, engage an independent auditor to evaluate the financial records of the provider according to Division-established criteria.

(c) Personnel Policies. To be certified, a provider must have written personnel policies and procedures that prohibit discrimination in accordance with federal and state law. The provider must have performance expectations and experience and education requirements for all positions, including contracted individuals. These requirements and criteria must reflect Department and Division mandates (such as minimum age, background checks, training) and must be sufficient to assure that workers meet the needs of individuals they are supporting.

(d) Accessibility. To be certified, a provider's offices, housing, transportation, communication, and other services or supports must meet state and federal requirements for accessibility and comply with the Americans with Disabilities Act as it relates to each individual served.

(e) Nondiscrimination. To be certified, a provider must comply with state and federal anti-discrimination laws and regulations.

(f) Regional coordination. To be certified, a provider must have a working agreement with the designated agency for the region or regions where it supports people. The agreement shall detail the roles and responsibilities of the two organizations regarding services and administrative functions, including information sharing and reporting, fiscal monitoring, periodic reviews, and support plan implementation. Designated agencies are required to develop working agreements with certified providers or prospective certified providers, except when the designated agency has recommended to the Department that a provider should not be certified, and the recommendation is under consideration by the Department.

(g) Outcome performance. To be certified, a provider must assure that individuals receiving services and/or supports receive them consistent with their individual support plan. Certified providers must also achieve provider performance outcomes in areas prioritized by the Division, the Department, and the Agency of Human Services.

(h) Data and information systems. To be certified, a provider must collect necessary and reliable data in a format and according to timelines set by the Division, and submit accurate information to the designated agency and/or the Division on costs, outcomes, consumer demographics, and types and frequencies of services and supports.

(i) Confidentiality. To be certified, a provider must protect the confidentiality of information about individuals with developmental disabilities and their families by:

(1) Conforming to all state and federal laws, regulations, and policies concerning confidentiality; and,

(2) Including in all contracts, language that explicitly states expectations about the confidentiality of information pertaining to applicants and recipients.

(3) Assuring that applicants, recipients, and former applicants and recipients have the opportunity to approve or refuse the release of identifiable personal information, except when such release is authorized or required by law or by state, federal or designated agency funding sources.

### **10.13 Probation and decertification**

(a) If at any time the Department determines that an agency is in significant noncompliance with the quality standards described in this Part, the Department may place the program on probation, or decertify the program, in whole or in part, as follows:

(1) Probationary certification. Probationary certification is used to bring the performance of an existing certified provider with numerous or serious deficiencies up to minimum certification criteria. An organization with probationary certification receives intense review during the period of probation.

(A) A certified provider with probationary certification may be decertified at any time for failure to meet one or more certification criteria. Probationary certification may be granted with or without specific conditions.

(B) A decision to place a provider on probationary certification is appealable to the Commissioner within 15 days of the date the provider receives written notification of probationary status. The Commissioner's decision regarding a probationary status appeal is final.

(2) Decertification. A certified provider may be decertified as follows:

(A) Immediate decertification. If a certified provider knowingly disregards or neglects policies or practices and the result is endangerment of the health or safety of an individual with developmental disabilities, violation of an individual's human or civil rights, severe or intentional fiscal irresponsibility, or falsification of data/record keeping, a certified provider may be immediately decertified.

(B) Decertification for failure to improve. If the certified provider exhibits unwillingness or inability to improve performance while on probation, as measured by certification criteria and within time frames established by the Department, a certified provider may be decertified.

(b) A decision by the Department to decertify may be appealed to the Commissioner within 15 days of receipt of written notice of the decision. The Commissioner's decision regarding the decision to decertify is final. If decertification is due to endangerment of the health or safety of one or more people with developmental disabilities, the decertification will be effective on the date of notice, pending the appeal process.

(c) If necessary for the orderly transition and protection of individuals served, the Department may provide funding for a transitional period to a certified provider which has lost its certification.