

Decision Making Agreement

Decisions in my life...	How I must be involved...	What part of the decision I am in control of...	What part of the decision I need help with...	Who makes the final decision...	When will this be reviewed...

This template is to be done on large sheets of paper with a circle of support. The paper on the wall offers transparency. The circle of support offers positive solutions. Both facilitate creative thinking.

To ensure the person is in control of the meeting and the meeting remains positive, some or all of the following may be useful;

- Have the person set the groundrules for the meeting
- In the groundrules include words respect, fun etc.
- Start the meeting with a Like and Admire session – writing the comments up on flipchart to be seen throughout the meeting.
- Call upon the person to contribute as much as possible. Ask regularly ‘What do you think about that?’ of the person.
- Drinks and snacks – maybe even music to start/finish
- Stop the meeting if it is becoming too negative or the person is distressed.
- Using some drawings/graphics to illustrate points.