



## **Vermont's Draft State Plan on Aging 2023 - 2026**

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# Purpose of the State Plan on Aging (SPA)

- Required by the Older Americans Act (OAA).
  - DAIL must periodically develop a new SPA; and
  - Report to the Administration for Community Living (ACL) on the progress annually.
- The vehicle that allows Vermont to receive OAA funds.
- Designed to guide the State of Vermont (SOV) in understanding the needs of older Vermonters and in planning to meet those needs with a comprehensive system of services and supports.

# Timeline of the Plan

<b>Fall 2022</b>	In collaboration with AAAs, DAIL conducted a statewide needs assessment of older Vermonters and unpaid caregivers, including surveys, stakeholder interviews, and collaborative meetings with providers.
<b>January 21 to March 22, 2022</b>	AAAs develop and submitted Area Plans for approval by DAIL. The initial SPA draft is submitted to ACL for review.
<b>April 11 to April 29, 2022</b>	SPA is released for public comment.
<b>May 1 to June 30, 2022</b>	SPA is revised to address public comments
<b>July 1, 2022</b>	Final SPA is submitted to ACL.
<b>October 1, 2022</b>	SPA officially goes into effect.
<b>2023 to 2026</b>	Annual progress reports are submitted to Administration for Community Living, the Vermont House Committee on Human Services, the Senate Committee on Health and Welfare, and the Governor's Office (Requirement of the Older Vermonters Act)

# Major Components of the Plan

- Executive Summary
- Narrative Context:
  - Demographic changes
  - Environmental scan
  - Needs assessment results
  - Description of network
  - Vision for the state
- Goals, Objectives, Measures, and Outcomes
- Intrastate Funding Formula
  - how OAA funds are divided by AAA service areas
- OAA Assurances

# Key Topic Areas of the Plan

- **Core Older Americans Act Programs**
  - Supportive Services, Nutrition, Disease Prevention/Health Promotion, Caregivers, and elder rights programs.
- **Coronavirus**
  - COVID-19 highlighted the importance of services that assist older adults in living independently, enhanced awareness of social isolation, and increased awareness of the need to plan for future disasters.
- **Equity**
  - Serving individuals with the greatest economic and social need means ensuring equity in all aspects of plan administration.
- **Expanding access to home and community-based services**
  - HCBS are fundamental to making it possible for older adults to age in place.
- **Caregiving**
  - Enhancing services and support for caregivers.

# Key Goals & Objectives

## **GOAL 1: PROMOTE THE HEALTH, SAFETY, AND WELL-BEING OF OLDER VERMONTERS.**

- **Objective 1.1:** Strengthen the coordination and awareness of OAA and related services.
- **Objective 1.2:** Improve the quality of life for individuals accessing person-centered case management services.
- **Objective 1.3:** Improve the nutritional health status of older adults participating in the senior nutrition program.
- **Objective 1.4:** Ensure family caregivers have a support system in place to meet them where they are in their caregiving journey.
- **Objective 1.5:** Increase collaboration to prevent and protect vulnerable older adults against financial exploitation.

# Key Goals & Objectives

## **GOAL 2: VERMONT'S OAA PROGRAMS ARE INCLUSIVE OF ALL OLDER VERMONTERS**

- **Objective 2.1:** Bolster training and collaboration across State departments to strengthen the aging network's response to trauma and mental health.
- **Objective 2.2:** Determine services needed and effectiveness of programs, policies, and services for all Vermonters, including LGBTQ+, Abenaki, and New Americans.

# Key Goals & Objectives

## **GOAL 3: BOLSTER THE RECOGNITION AND SUPPORT OF UNPAID CAREGIVERS IN VERMONT.**

- **Objective 3.1:** Increase public awareness and recognition of the diverse needs, issues, and challenges faced by caregivers.
- **Objective 3.2:** Increase collaboration across the aging network to support grandparents raising grandchildren.
- **Objective 3.3:** Increase awareness of social isolation and the available resources to combat the adverse effects

# Related Resources

- [2019-2022 State Plan on Aging](#)
- [2020 Statewide Needs Assessment of Older Vermonters](#)
- [Reframing Aging in Vermont](#)

**THANK  
YOU**

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