

Overall Health of Older Vermonters-
United Health Foundation
2018 America's Health Rankings Senior Report

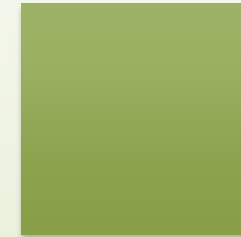


Vermont Ranked #13 in Overall Senior Health (down from #8, down from 3rd)



Vermont's Strengths:

Low percentage of ICU use
Low prevalence of smoking
High home-delivered meals rate



Vermont's Challenges:

High prevalence of falls
High prevalence of excessive drinking
Low percentage of hospice care use

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Vermont Rankings: Top and Bottom 10

Vermont is in the Top 10 in the following areas:

Rate of Smoking

Volunteerism

Community Support

Home Delivered Meals

SNAP Reach (and uptake)

Home Health Care

Hospital Re-admissions

Able-bodied (low rate of disability)

Early Death

High Health Status (self-perception)

Hip Fractures

ICU Use

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Vermont Rankings: Top and Bottom 10

Vermont is in the Bottom 10 in the following areas:

Excessive Drinking

Diabetes Management

Hospice Care

Hospital Deaths

Falls

Death by Suicide