



2023-2026 State Plan on Aging

Conor O’Dea

Department of Disabilities, Aging and
Independent Living

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Purpose of State Plan

- State Plan on Aging is required by the Older Americans Act and outlines the roles and responsibilities of the State and the area agencies on aging in administering and carrying out the Older Americans Act.
- The Older Vermonters Act expands the 2023-2026 State Plan on Aging to include all LTSS for Older Vermonters
 - Priorities for programming
 - Criteria to receive services
 - Types of services
 - Annual report on the implementation status, the extent to which the principles are achieved, and data supporting the effectiveness of reaching individuals with the greatest economic and social need.

Issues/Needs

- Raising awareness of HCBS
- Social isolation/loneliness
- Older adult suicide rates
- Housing/supporting policy and programs creating housing for older adults
- Fall prevention
- Elder abuse, neglect, exploitation
- Transportation (social rides)
- Dementia awareness/education
- Digital divide
- DEI under OAA programming
- Medicare education (What it does and does not cover)
- Older adult mental health
- Workforce to support HCBS

OAA Resources

- Title III & Title VII Funding
- DAIL
- Alzheimer's Association
- Local service providers
- ACL non-formula based grants
- ARP Funding
- Area Agencies on Aging
- COVE
- AARP
- Community members/volunteers

OAA Strategies

- Technical assistance
- Public outreach
- Intake/assessment(s)
- Professional development/training/education
- Monitoring services

What Does Success Look Like?

- Increase awareness of AAAs across the State amongst public and professional entities including health care providers.
- Assess, offer, and monitor services that address the needs of older Vermonters at risk of institutionalization with particular attention towards individuals/families impacted by dementia.
- Availability of regularly scheduled fixed-route and on-demand transportation.
- Choices for quality-controlled, prepared meals responsive to a variety of dietary and cultural needs.
- Identify family caregivers and provide support guided by evidenced-based assessment. (TCARE)
- An array of evidence-based health promotion programs available to support older adults who live independently. (Falls prevention, medication misuse, healthy habits, caregiver support)
- Public/professional awareness on how to identify the risk of abuse, neglect, and financial exploitation and how to make a report.

COVID-19

Resources

- Title III Funding
- ARP Funding
- DAIL
- Area Agencies on Aging
- Assistive Technology of Vermont
- Vermont Center for Independent Living

Strategies

- Technical Assistance
- Professional development/Training/Education
- Public outreach
- Intake/Assessment(s)
- Monitoring of services

What Does Success Look Like?

- Increase awareness/impact of social isolation.
- Measure and reduce loneliness for at risk older adults.
- Increase availability of assistive technology/home modification.
- Increase education on identifying and supporting older adults at risk of suicide.
- Increasing availability of older adult mental health services.
- Incorporate practices and lessons learned from COVID response into emergency planning.
- Provide education on trauma-informed services.

Equity

RESOURCES

- Title III funding
- ARP funding
- DAIL
- Area Agencies on Aging
- Vermont Health Department
- UVM Center on Aging
- Community Action Groups

STRATEGIES

- Marketing
- Professional development/Training/Education
- Public awareness
- Monitoring of services
- Technical assistance

What Does Success Look Like?

- Identifying and engaging with individuals with the greatest economic and social needs.
- Ongoing monitoring and effectiveness of programs, policies, and services for older adult populations including Abenaki, BIPOC, LGBTQIA+, and other diverse cultural groups.
- Educating the public on the health and economic welfare of older adults.
- Education on the social determinants of health impacting older adults.
- Availability of participant-directed services.
- Public process inclusive of older adults.

Expanding Access to HCBS

RESOURCES

- Title II Funds
- ARP Funds
- Medicaid
- Money Follows the Person
- Increased FMAP
- Veterans Directed
- Home Health Agencies
- Adult Day Programs
- Senior Centers

STRATEGIES

- Technical Assistance
- Program/Service Monitoring
- Public outreach
- Workforce development
- Advocacy

What Does Success Look Like?

- Intake/assessment process to identify public LTSS programs for which an older adult may be eligible.
- Coordinated LTSS application process that is obtainable to all eligible older adults.
- Care teams trained and fluent in practicing person-centered planning which includes responding to the needs and preferences of the older individuals and their family caregivers.
- Response to the needs of Vermonters with high needs and at risk of institutionalization, but who can live in their home.
- Programs in place to assist individuals who wish to transition from a long-term facility into a community-dwelling.
- Building capacity within Area Agencies on Aging to contract with Medicare Advantage to provide community-based services to select groups of older adults.

Caregiving

RESOURCES

- DAIL
- Area Agencies on Aging
- Health Department (CDC Bold Grant)
- COVE
- UVM Center on Aging
- Governor's Council on Alzheimer's
- ACL non-formula based grants

STRATEGIES

- Training/Education/Professional development
- Workforce recruitment
- Organize and maintain a broad range of stakeholders to identify improvements for respite services
- Promote/implement recommendations for the RAISE family caregiver advisory council

What Does Success Look Like?

- Training for direct care workforce that builds knowledge and skills to successfully engage with and support older adults in need including individuals/families impacted by dementia.
- Evidenced-based/informed programs which support unpaid family caregivers.
- Increase awareness of family caregivers and the work they perform.
- Creation of a “Respite Council” and building capacity to enact a Lifespan Respite Care Program
- Increase attention and support for grand families and kinship families.