# Context Tool

What is it? How will Developmental Services use it?

Presented to Vermont DAIL Advisory Board May 9, 2024

## Quick Review:

- Vermont has decided to use the Supports Intensity Scale, Adult Version (SIS-A). This is called a "standardized assessment tool." This means the tool has been shown to be consistent in how it measures need.
- Vermont also changed who does the needs assessment. Now Assessment is done by Public Consulting Group (PCG).
  - Vermont must have an independent entity give the SIS-A interviews.
  - The SIS-A cannot be given by the same agencies that deliver services. This is because of new Medicaid Rules that protect people from conflicts of interest.

# Quick Review, continued

- First, Vermont gave the SIS-A to 500 Vermonters receiving services. The SIS-A showed that it could identify 6 different levels of need.
- Now everyone will have at least 1 SIS-A by 2025. After 2025, people will take the SIS-A every 3 years, or more if there is a change in need.

# The Developmental Services (DS) Standardized Assessment Team

- This Team has been meeting since 2019 to talk about how the Developmental Services System learns about what a person needs.
- This Team has been working for 18 months on the Context Tool.
- Their goal is to create a tool that ensures service planning is based on a full picture of who the person is.

#### The Team Added Supplemental Questions

- The SIS-A allows states to added extra questions.
- Stakeholders felt the SIS-A did not address communication support needs in enough detail.
- A group worked with the Communications Task Force to add extra questions about the support that a person needs to communicate.

... But the Team thought important information was still missing.

- What can we learn from the person's past experiences?
- Would it be helpful to know more about the support that the person already has available?
- Have we lost some of the rich detail that we used to get when we had a more open-ended conversation?



## Taking a second look

- The Team went through each section of the SIS-A.
- The Team asked, "what more would we want to know so we could create a great Service Plan (ISA)?
- Can we add more information about the person's history and their situation... the CONTEXT of their life?





# What were here to talk about today

The Context Tool

#### What is "Context"?

"Context" is the situation in which a person, object, or idea exists.



In a Pond, a frog is a friendly, fun creature.... But in your bed, the same frog is kinda scary!

#### Overview of the Context Tool



**Exceptional Medical Needs** 

Actions, Tendencies, and/or Mental Health

Home Living Activities

Community Living Activities

Lifelong Learning Activities

**Employment Activities** 

Health and Safety Activities

**Social Activities** 

**Protection and Advocacy** 

#### Other things to Think About

Residential Considerations

Future Planning Needs

**Short Term** 

Long Term



#### **EXAMPLE:** Social Activities

- Can the person be supported in small group settings when appropriate?
- Is the person receptive to meeting new people to build friendships outside of family and/or paid supports? Are they interested in sustaining friendships over time?
- Is the person adaptable and/or flexible enough to participate in social activities that are not preferred?
- How does the person respond when there are guests in the home?



## EXAMPLE: Social Activities, continued

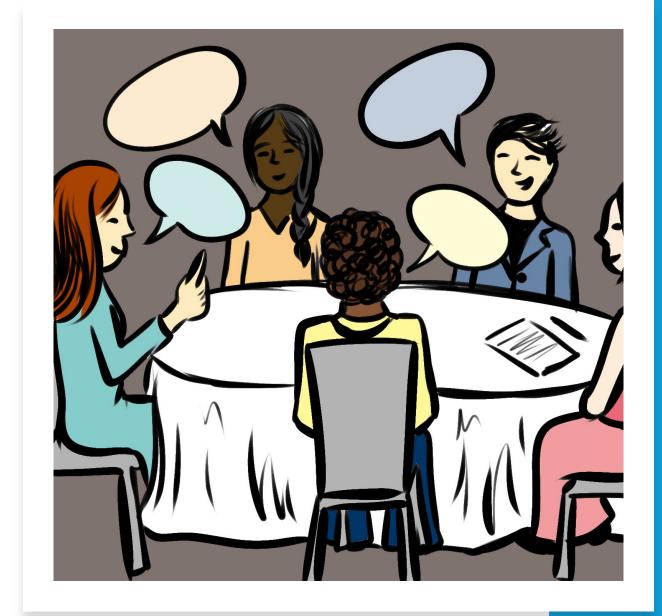
- How much choice is the person given around social relationships?
- What supports are needed to maintain healthy relationships and/or boundaries with family members?
- What supports are needed to maintain healthy relationships and/or boundaries with friends?

### Advantages of Adding the Context Tool

- Captures details that are not fully explored in the SIS-A.
- Gives the individual and/or family/friends the chance to share their expertise. "Who knows us better than we do!"
- Expands on needs that may be addressed by resources other than agency sponsors supports – natural supports, a medical team, recreational opportunities.
- Gives the Person-Centered Planning Team the full picture.

#### How it might work...

- The Context Tool could/would be given on a different day from the SIS-A.
- It would be part of the information collected before having the person-centered planning meeting.
- The questions are "prompts" that would lead to discussion.
- The information that the person and their family give would be written down; it is not about "scoring" or checking a box.
- Would it be "required"? Maybe not. Just encouraged as the best way to write an excellent person-centered plan.



# It takes lots of information to build a person-centered plan.



SIS-A SCORE



SUPPLEMENTAL QUESTIONS



CHOICE OF RESIDENCE



**CONTEXT TOOL** 



PLANNING MEETING
- HOPES & DREAMS

# Questions for Your Feedback:

- Do you think the Context Tool will be helpful?
- What is missing from the Context Tool?
- Is the Context Tool too long?
- Should folks be able to use the Context Tool flexibly. For example, should teams pick some, not all, of the 9 support areas?
- How often do you think the Context Tool should be used?
  - It could be used annually when making changes to the ISA.
  - It could be every 3 years when the SIS-A is done.