

Community Health Needs Assessments

Vermont Action Plan for Aging Well
Advisory Committee Meeting
12/19/2022

Kaley Phillips

Community Health Needs Assessments (CHNAs)

Completed by 14 Vermont County Hospitals

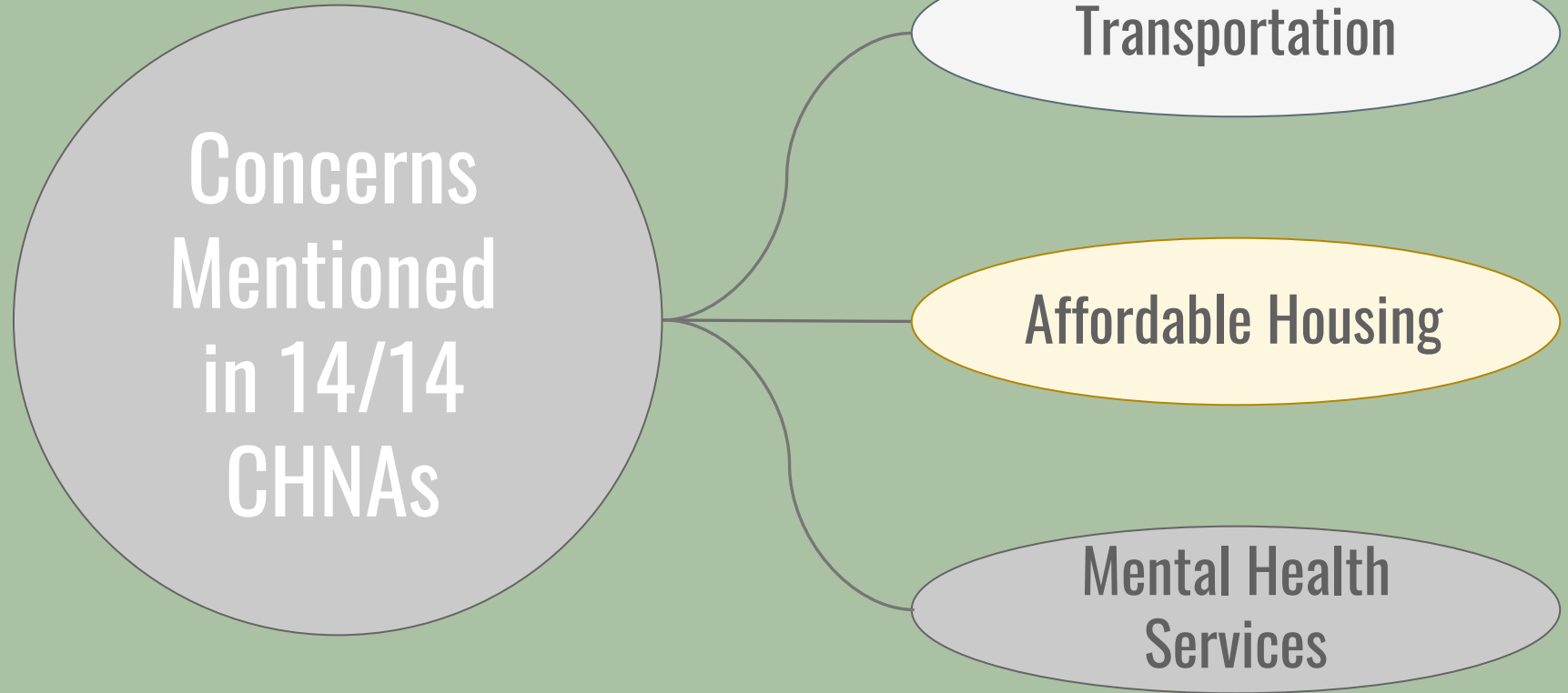
Required for completion every three years

Aim to identify the top health needs in hospital service areas

Data collected through surveys, focus groups, and interviews

Most Recent CHNAs: <https://gmcboard.vermont.gov/node/3183>

Top 3 Concerns



Transportation



- Existing transportation services are often unreliable
- Lack of transportation options impacts the ability for aging Vermonters to:

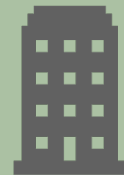
Attend medical
& non-medical
appointments

Run errands,
food shop

Socialize, visit
friends and
family

Attend events
held by local
senior centers

Affordable Housing



Inability to transition from single-family homes to apartments/ condos

Significant wait times for senior housing facilities

High cost of senior housing facilities

Need to increase and promote home sharing programs

Mental Health Services



Lack of available mental health service providers, significant wait times for available mental health service providers

Stigma surrounding mental health prevents aging Vermonters from accessing available mental health services

The cost of mental health services impacts the accessibility of services to low-income and uninsured individuals

Other Top Concerns

**Specialized
health care
services**
(8/14 CHNAs)

**Access to in-
home care**
(7/14 CHNAs)

**Affordable,
healthy food
options**
(7/14 CHNAs)

**Lack of
recreational
facilities**
(5/14 CHNAs)

**Affordable
dental care**
(5/14 CHNAs)

Questions

For questions, please email Kerstin Hanson at Kerstin.Hanson@Vermont.gov