

Vermont

VERMONT

	Rating	2017 Value	2017 Rank	No 1 State
Behaviors				
Dental Visit (% of adults aged 65+)	+++++	71.9	6	78.1
Excessive Drinking (% of adults aged 65+)	++	7.5	37	3.3
Obesity (% of adults aged 65+)	++++	26.9	16	17.9
Pain Management (% of adults aged 65+ with arthritis)	++++	48.3	16	54.9
Physical Inactivity (% of adults aged 65+ in fair or better health)	++++	29.0	14	21.6
Smoking (% of adults aged 65+)	+++	9.0	30	5.2
Behaviors Total	++++	0.060	13	0.220
Community & Environment				
Nursing Home Quality (% of four- & five-star beds)	+++++	55.1	4	56.4
Poverty (% of adults aged 65+)	+++++	6.6	4	4.5
Volunteerism (% of adults aged 65+)	+++++	34.2	8	45.9
Community & Environment—Macro Total	+++++	0.140	3	0.160
Community Support (dollars per adult aged 60+ in poverty)	+++++	\$1,473	5	\$3,599
Food Insecurity (% of adults aged 60+)	+++	15.4	29	7.3
Home-delivered Meals (% of adults aged 60+ with independent living difficulty)	+++++	27.6	6	51.0
Community & Environment—Micro Total	+++++	0.105	7	0.184
Community & Environment Total	+++++	0.246	4	0.283
Policy				
Geriatrician Shortfall (% of needed geriatricians)	+++	67.3	22	22.7
Healthcare-associated Infection Policies (% of policies in place)	+	16.7	42	83.3
Low-care Nursing Home Residents (% of residents)	++++	9.0	15	3.8
Prescription Drug Coverage (% of adults aged 65+)	+++	85	25	89
SNAP Reach (% of adults aged 60+ in poverty)	+++++	115.2	2	119.3
Policy Total	++++	0.017	14	0.182
Clinical Care				
Dedicated Health Care Provider (% of adults aged 65+)	++++	95.4	16	98.1
Diabetes Management (% of Medicare enrollees aged 65 to 75)	++	75.6	39	85.7
Flu Vaccine (% of adults aged 65+)	+++	60.9	30	70.6
Health Screenings (% of adults with recommended screenings)	++++	73.0	20	80.9
Home Health Care (number of workers per 1,000 adults aged 75+)	+++++	172.3	6	301.7
Hospice Care (% of Medicare decedents aged 65+)	+	37.0	46	65.8
Hospital Deaths (% of Medicare decedents aged 65+)	+	23.9	43	14.3
Hospital Readmissions (% of hospitalized Medicare enrollees aged 65+)	+++++	13.6	8	12.1
Preventable Hospitalizations (discharges per 1,000 Medicare enrollees)	++++	38.8	11	23.5
Clinical Care Total	+++	0.004	25	0.094
All Determinants	+++++	0.328	6	0.507
Outcomes				
Able-bodied (% of adults aged 65+)	++++	66.4	16	69.0
Falls (% of adults aged 65+)	+	31.7	41	20.6
High Health Status (% of adults aged 65+)	+++++	48.6	3	52.3
Hip Fractures (hospitalizations per 1,000 Medicare enrollees)	+++++	4.7	2	3.0
ICU Use (% of Medicare decedents aged 65+)	+++++	4.9	2	4.2
Frequent Mental Distress (% of adults aged 65+)	+++++	5.4	7	4.6
Premature Death (deaths per 100,000 adults aged 65 to 74)	++++	1,640	15	1,426
Teeth Extractions (% of adults aged 65+)	++	16.9	33	6.4
All Outcomes	+++++	0.176	8	0.309
OVERALL	+++++	0.503	8	0.659
Supplemental Measures				
Cognition (% of adults aged 65+ with difficulty)	+++	8.5	24	6.1
Depression (% of adults aged 65+)	+	18.5	47	7.6
Education (% of adults aged 65+ with college degree)	+++++	36.5	1	40.4
Multiple Chronic Conditions (% of Medicare enrollees aged 65+)	+++++	26.1	5	22.6
Overuse—Mammography (% female Medicare enrollees aged 75+)	+++	24.3	30	18.2
Overuse—PSA Test (% male Medicare enrollees aged 75+)	+++++	9.7	2	9.6
Suicide (deaths per 100,000 adults aged 65+)	+	22.0	41	8.1

RATING Symbol	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

OVERALL RANK:

8



Change: ▼ 6

Determinants Rank: 6

Outcomes Rank: 8



Strengths:

- Low percentage of ICU use
- High SNAP enrollment
- Low percentage of seniors living in poverty

Challenges:

- Low percentage of healthcare-associated infection reporting policies
- High prevalence of excessive drinking
- Low percentage of hospice care use

Highlights:

- In the past two years, poverty decreased 10% from 7.3% to 6.6% of adults aged 65+.
- In the past three years, food insecurity increased 43% from 10.8% to 15.4% of adults aged 60+.
- In the past three years, hip fractures decreased 32% from 6.9 to 4.7 hospitalizations per 1,000 Medicare enrollees.
- Since 2013, smoking increased 45% from 6.2% to 9.0% of adults aged 65+.
- Since 2013, obesity increased 13% from 23.8% to 26.9% of adults aged 65+.
- Since 2013, hospice care increased 57% from 23.5% to 37.0% of Medicare decedents aged 65+.

Ranking:

Vermont is eighth this year; it was second in 2016. The state ranks fifth for general population health and second for the health of women and children.

State Health Department Website:

www.healthvermont.gov