



# Vermont Action Plan for Aging Well Advisory Committee Meeting, December 19<sup>th</sup> 2022

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# Older Vermonters Act Principle: “Coordinated System of Services”

“Older Vermonters should be able to benefit from a system of services, supports and protections, including protective services, that is **coordinated, equitable, and efficient**; includes public and private cross-sector collaboration at the State, regional and local levels; and **avoids duplication while promoting choice, flexibility, and creativity**. The system should be **easy for individuals and families to access and navigate**, including, as it relates to **major transitions of care**. The system should be designed to address the needs and concerns of older Vermonters and their families during normal times and **in the event of a public health crisis**, natural disaster or other widespread emergency situation in this state.”

# Continuum of Care and Services in Vermont



## Lower Need

### Services include:

Financial planning/retirement saving/estate planning  
Inclusive workplaces  
Advance care planning  
Community wellness activities/self-management programs  
PCP engagement/Annual Wellness Visit  
Medicare counseling  
Volunteerism, senior centers, village model  
Home repairs, modifications, downsizing  
Driver safety courses, carpools, trips

### Services include:

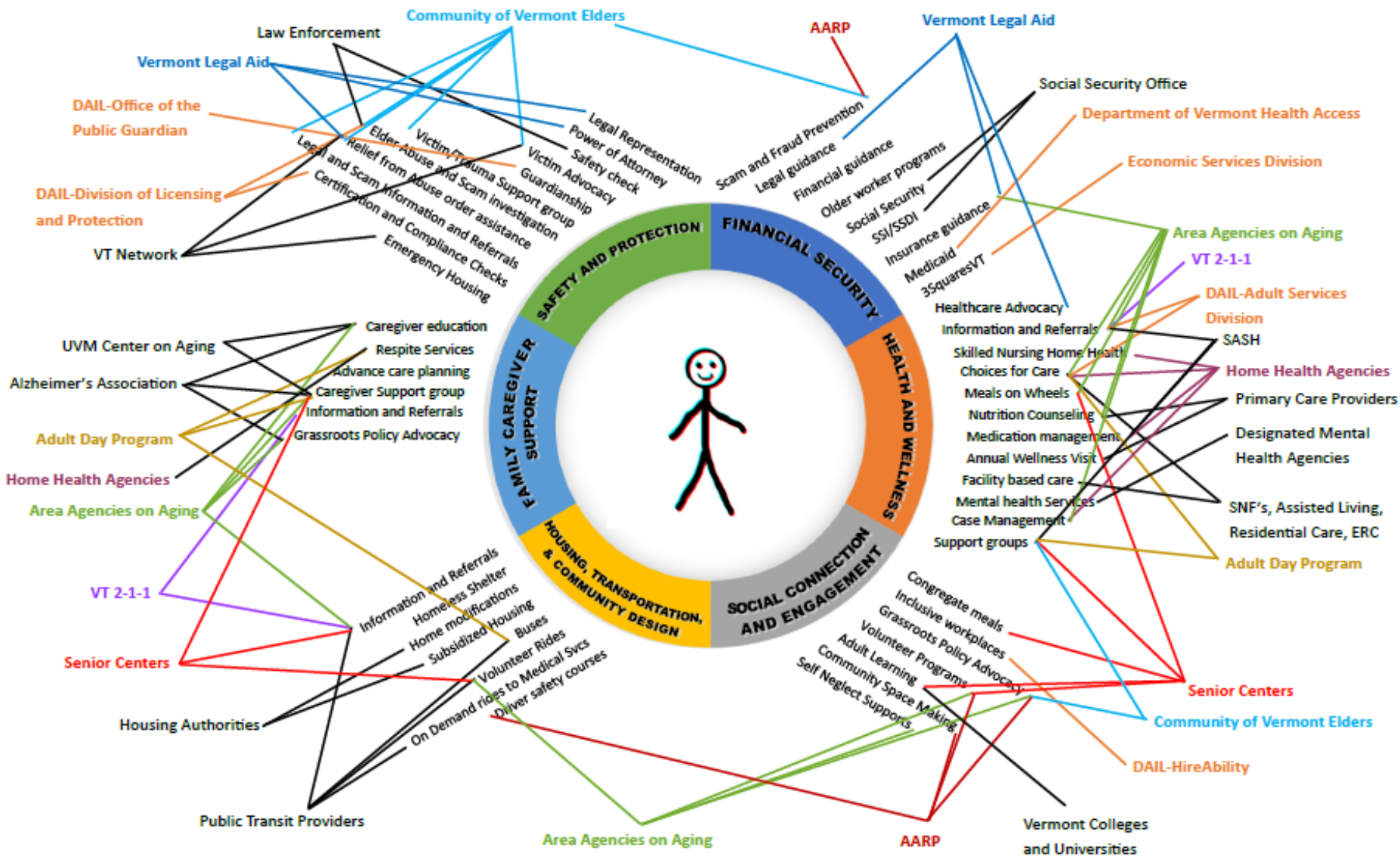
Older worker programs  
Medicaid, Social Security, SNAP/3SquaresVT, fuel assistance, VPharm  
Moderate Needs/Flexible Funding  
Congregate meals  
Senior housing, SASH, Homesharing,  
Older Americans Act programs  
Buses, vanpools, rideshares  
Health Care Proxy/Power of Attorney  
Mental health and substance use treatment  
Caregiver education and support groups  
Legal Services/VT Legal Aid

## Higher Need

### Services include:

SSI/SSDI  
Long-term care Medicaid (nursing-home level of care): facility or home-based care  
Home Health and Hospice services  
Older Americans Act programs, i.e. home delivered meals  
Emergency housing  
Guardianship  
Acute care facilities/EMS  
Caregiver supports-payments for care, training, respite  
Adult Protective Services  
LTC Ombudsman  
Legal Services/VT Legal Aid  
On-demand rides for medical trips

# Mapping of Current Systems of Services & Supports



# Navigating the Continuum of Care: Where do older Vermonters call/go for help?

- 911 for emergencies
- 988 for suicide & mental health
- 211 for information & referral to wide range of services
- Area Agencies on Aging Helpline: 1-800-642-5119 for information, referrals and services for Vermonters 60+ and caregivers
- Primary Care
- And many more touch points!

# Current System Successes

- What are the parts of the service system that work well?
- What are the services that are having a big impact?
- What are the areas of strong coordination and efficiency?
- What are the access points that are really helpful for individuals and families?
- How is the system responsive during an emergency?

# Challenges and Gaps in Current System

- What is not working as well in the current system?
- What are the specific service gaps?
- What are the specific population gaps?
- What are the specific access/navigation gaps?
- How is the system not as responsive during an emergency?

# Discussion