## Adult Services Division – Traumatic Brain Injury Program

### **Program Overview**

The Traumatic Brain Injury (TBI) Program is a specialized health population program under Vermont's Global Commitment to Health 1115 Waiver. The TBI program offers rehabilitation focused services and supports to Vermonters age 16 and older who have experienced a recent moderate to severe traumatic brain injury. TBI is a highly structured, community-based program that helps individuals build skills and strategies for independent living in the community, among their family and friends.

People who are clinically and financially eligible may choose the TBI provider they want to work with to identify personal goals and where they want to receive services. The program offers an array of services including:

- Case Management/Service Coordination
- Life Skills Aid 1:1 support
- Residential
- Respite
- Crisis
- Environmental/Assistive Technology
- Counseling

### **Staff and Partners**

The Quality Management Unit manages the TBI Program and includes 1.25 staff to manage applications and clinical eligibility around the state. Partners include:

- Home Health Agencies
- Developmental Services Agencies(DAs/SSAs)
- Specialized TBI Providers
- Brain Injury Association of Vermont

## **Recent Developments and Accomplishments**

A large focus this year has been on compliance with the new federal regulations for Home and Community Based Services (HCBS) including settings characteristics and person-centered planning. A systemic evaluation and work plan were developed for TBI through a public process to strengthen policies and procedures and to strengthen certification standards for TBI Providers.



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### **Future Directions**

In addition to continued work related to compliance with the federal HCBS regulations, the Adult Services Division will be engaged in the following for the TBI Program over the next year:

- A Statewide TBI Needs Assessment completed in the fall of 2017 with the Brain Injury Association of Vermont will be used to plan and create a new TBI State Plan.
- TBI Program participants will be included in the National Core Indicators for Aging & Disabilities consumer survey in early 2018, providing direct insight into consumer experiences and outcomes.
- DAIL will continue to work on resources to better support the TBI program and the people we serve.

### **Results**

The TBI program served 96 people in SFY17, a 4% increase from SFY2016. The TBI Program has three performance measures:

- Employment: The percentage of people employed while in the Rehab program met the 25% target.
- Graduation to independent living: 5 people graduated from the TBI Program to independent living, a reduction from 7 people the previous year.
- Transition to long-term services: 2 people transitioned to CFC long-term services.

The NCI-AD survey will provide new quality and performance measures, based on consumer experience. Data is expected to be available in November 2018.

