

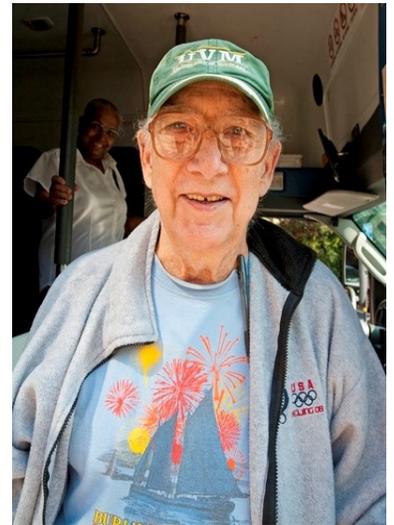


# Vermont's Area Agencies on Aging Helping 60,000 Older Vermonters Age Well

For over forty years, Vermont's five Area Agencies on Aging (AAAs) have been working to coordinate services and supports to vulnerable older adults with the vision that every Vermonter deserves to age with health, independence and dignity.

***Together, we serve over 60,000 Vermonters a year.***

- In 2014, the AAAs collaborated with partners to distribute over **785,000 home delivered meals** and serve over **385,000 community meals**, providing critical nutrition and social connection for older Vermonters. A growing number of meals include fresh and local Vermont foods.
- The AAAs currently provide **care management services to over 7,000 seniors** across the state to allow them to remain independent in their own home or in the setting of their choice.
- The AAAs coordinate a wealth of additional programs that enhance seniors' health and well-being, including:
  - information and referrals,
  - exercise/wellness classes
  - transportation
  - caregiver trainings and support
  - money management
  - legal services, and much more!



Older Americans Act funding has decreased or remained stagnant for the last 8 years. Foundation grants and private donations seek to fill in the gaps, but the need is growing. *The AAAs served 35% more seniors in 2014 than in 2005.*

**Strong state support for the work of the AAAs is money well spent, keeping health care costs in check while ensuring that all seniors in Vermont are able to age well with dignity.**



**Vermont  
Association of  
Area Agencies  
on Aging**

145 Pine Haven Shores Road  
Ste 2217  
Shelburne, VT 05482  
(802) 578-7094  
[www.Vermont4A.org](http://www.Vermont4A.org)

**Member Agencies:**

- CVAA
- Central Vermont Council on Aging
- Northeast Kingdom Council on Aging
- Southwestern Vermont Council on Aging
- Senior Solutions